

V Mistrzostwa Województwa Pomorskiego - VI Dycha nad Wisłą - III BGPK 2020

SPONSOR GŁÓWNY

Organizator: Stowarzyszenie Kultury Fizycznej i Turystyki
„Kociewiak”
Termin: 2020-08-29
Miejsce: Tczew



Msc	Numer	Nazwisko	Imię	Płeć	Miejscowość	Klub	Dystans	Czas/km	Prędkość	START	2,5 KM	5 KM	7,5 KM	META 10 KM	Czas netto
1	241	ROGIEWICZ	ANDRZEJ	M	POSTOLIN	MKS INOWROCŁAW	10 km	00:03:09	19.03	00:00:15.80	00:07:39.97	00:16:05.04	00:23:24.53	00:31:48.79	00:31:32.99
2	100	KUJAWSKI	GRZEGORZ	M	PUCK	FORMA JAK WINO	10 km	00:03:10	18.88	00:00:16.23	00:07:41.94	00:16:06.70	00:23:42.82	00:32:03.37	00:31:47.14
3	236	MAZERSKI	BARTOSZ	M	SZTUM		10 km	00:03:19	18.03	00:00:27.47	00:08:17.73	00:17:05.13	00:25:06.51	00:33:44.91	00:33:17.44
4	39	DAJNOWSKI	MATEUSZ	M	ANGOWICE	MKS CHOJNICZANKA CHOJNICE	10 km	00:03:20	17.98	00:00:15.84	00:07:44.62	00:16:34.45	00:24:41.19	00:33:37.88	00:33:22.04
5	217	DERDOWSKI	MICHAŁ	M	MIROTKI	LLKS ZIEMI KOCIEWSKIEJ SKÓRCZ	10 km	00:03:22	17.80	00:00:15.89	00:07:45.85	00:16:44.75	00:24:58.94	00:33:58.54	00:33:42.65
6	156	RUDNIK	KRZYSZTOF	M	KRĘPA SŁUPSKA		10 km	00:03:23	17.66	00:00:36.39	00:08:30.44	00:17:25.94	00:25:44.30	00:34:35.17	00:33:58.78
7	257	LEWANDOWSKI	MICHAŁ	M		LLKS ZIEMI KOCIEWSKIEJ SKÓRCZ	10 km	00:03:26	17.45	00:00:16.15	00:07:45.40	00:17:02.95	00:25:42.54	00:34:39.93	00:34:23.78
8	128	MRÓWKA	MICHAŁ	M	GDAŃSK		10 km	00:03:30	17.11	00:00:34.31	00:08:44.33	00:17:50.98	00:26:25.40	00:35:38.55	00:35:04.24
9	61	GÓRALSKI	MARCIN	M	GDYNIA		10 km	00:03:31	16.99	00:00:27.39	00:08:45.40	00:18:03.83	00:26:39.42	00:35:46.79	00:35:19.40
10	196	WENT	JAKUB	M	ŁEBA		10 km	00:03:33	16.88	00:00:38.76	00:08:52.11	00:18:11.90	00:26:58.57	00:36:11.92	00:35:33.16
11	105	KUROPATWA	ŁUKASZ	M	RUMIA	BAŻANT TEAM	10 km	00:03:34	16.80	00:00:44.28	00:09:21.76	00:18:45.69	00:27:28.18	00:36:28.11	00:35:43.83
12	74	JARZYŃSKI	DARIUSZ	M	STAROGARD GDAŃSKI	ORACZ Z KOCIEWIA	10 km	00:03:35	16.71	00:00:44.60	00:08:50.32	00:18:28.94	00:27:23.16	00:36:40.41	00:35:55.81
13	46	DUDZIAK	MATEUSZ	M	TCZEW	DOVISTA ACTIV TEAM/REAL-NA GWIAZDECZKA	10 km	00:03:37	16.54	00:00:32.54	00:08:39.67	00:17:50.89	00:26:43.47	00:36:49.16	00:36:16.62
14	24	BŁOCH	PRZEMYSŁAW	M	CZERSK	BIEGAJĄCE ŚLIWICE	10 km	00:03:39	16.38	00:02:27.20	00:10:37.30	00:20:15.17	00:29:14.62	00:39:06.16	00:36:38.96
15	191	TRZCIŃSKI	KRZYSZTOF	M	TCZEW		10 km	00:03:44	16.03	00:00:33.94	00:09:14.11	00:18:57.09	00:28:09.96	00:38:00.85	00:37:26.91
16	18	BARANOWSKA - TRZASKO	ALEKSANDRA	K	GDYNIA	TOPO ATHLETIC/KUJAWSKY RUNNERS	10 km	00:03:45	15.94	00:01:07.47	00:09:45.14	00:19:36.33	00:28:49.55	00:38:46.95	00:37:39.48
17	141	POBŁOCKA-GŁOGOWSKA	KATARZYNA	K	ŁĘBORK	UKS-EKONOMIK MARATOŃCZYK ŁĘBORK	10 km	00:03:47	15.82	00:00:32.43	00:09:17.20	00:19:19.86	00:28:32.32	00:38:28.51	00:37:56.08
18	25	BŁOCH	SZYMON	M	CZERSK		10 km	00:03:51	15.58	00:02:27.08	00:10:38.30	00:20:39.55	00:30:28.51	00:40:57.91	00:38:30.83
19	104	KURKOWSKI	MAREK	M	STAROGARD GDAŃSKI	KS SOKÓŁ ZBLEWO	10 km	00:03:53	15.44	00:00:22.54	00:09:13.07	00:19:15.03	00:28:47.01	00:39:14.32	00:38:51.78
20	206	ZAWALUK	MARCIN	M	JANKOWO GDAŃSKIE	ST RUNNERS	10 km	00:03:55	15.27	00:01:47.31	00:10:52.47	00:21:10.69	00:30:42.66	00:41:04.86	00:39:17.55
21	59	GŁOMBIEWSKA	ZUZANNA	K	GDYNIA	RUNPASSION.PL TEAM	10 km	00:03:56	15.24	00:00:24.00	00:09:25.36	00:19:47.07	00:29:23.15	00:39:46.04	00:39:22.04
22	142	POTYRAŁA	BARTOSZ	M	SOPOT		10 km	00:03:57	15.18	00:00:58.76	00:10:04.16	00:20:30.82	00:30:02.66	00:40:29.90	00:39:31.14
23	65	GRZONKA	KAMILA	K	BYTONIA	KS SOKÓŁ ZBLEWO	10 km	00:03:57	15.18	00:00:52.47	00:09:47.05	00:20:13.80	00:29:49.75	00:40:25.11	00:39:32.64
24	114	LUBIŃSKI	KAMIL	M	GDYNIA	GDYŃSKI DYWIZJON OKRĘTÓW BOJOWYCH	10 km	00:03:57	15.16	00:00:42.40	00:09:10.26	00:19:12.85	00:29:12.46	00:40:18.00	00:39:35.60
25	218	FIERKA	ADAM	M	ZBLEWO	KS SOKÓŁ ZBLEWO	10 km	00:03:58	15.12	00:01:52.85	00:10:49.92	00:21:07.40	00:30:55.69	00:41:34.49	00:39:41.64
26	109	LACHOWICZ	ADRIAN	M	GDYNIA		10 km	00:03:58	15.09	00:01:57.25	00:11:06.24	00:21:37.60	00:31:28.85	00:41:43.16	00:39:45.91
27	211	BARANOWSKI	KRZYSZTOF	M	SIWIAŁKA		10 km	00:03:58	15.07	00:02:09.39	00:11:12.78	00:21:44.02	00:31:31.77	00:41:58.82	00:39:49.43
28	235	MAJKOWSKI	TOMASZ	M	SKÓRCZ	AKTYWNI KOCIEWIACY	10 km	00:03:59	15.06	00:00:52.35	00:10:11.98	00:20:42.78	00:30:25.69	00:40:42.78	00:39:50.43

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29	251	KASZUBOWSKI	ZENON	M	MALBORK	ACTIVE MALBORK	10 km	00:03:59	15.03	00:00:42.92	00:09:55.32	00:20:31.95	00:30:15.30	00:40:38.53	00:39:55.61
30	76	JURAK	KRZYSZTOF	M	NOWE OSTROWITE	AGRA OSTROWITE	10 km	00:04:01	14.91	00:01:27.06	00:10:45.51	00:21:13.75	00:31:09.58	00:41:42.45	00:40:15.39
31	192	TUWALSKA	MAŁGORZATA	K	GDAŃSK	LKS ZANTYR SZTUM	10 km	00:04:02	14.87	00:03:32.67	00:12:38.95	00:23:16.93	00:33:06.35	00:43:54.16	00:40:21.49
32	249	SALEWSKI	JAN	M	GDYNIA	GOOD-TIME/ALIOR BANK	10 km	00:04:02	14.86	00:01:17.00	00:10:39.34	00:21:12.37	00:31:04.23	00:41:40.31	00:40:23.31
33	238	OKRÓJ	ARKADIUSZ	M	REDA	TEAM KREFT	10 km	00:04:02	14.82	00:01:07.61	00:10:39.84	00:21:13.15	00:31:09.97	00:41:36.62	00:40:29.01
34	90	KOWALSKI	JAROSŁAW	M	STAROGARD GDAŃSKI	TRI STAROGARD GDAŃSKI	10 km	00:04:04	14.75	00:01:27.18	00:10:41.03	00:21:15.48	00:31:22.90	00:42:07.68	00:40:40.50
35	171	STROSIN	TOMASZ	M	RUMIA		10 km	00:04:06	14.62	00:01:12.15	00:10:34.34	00:21:10.42	00:31:03.75	00:42:14.84	00:41:02.69
36	77	KACPERSKI	BARTOSZ	M	DZIERZGOŃ	DKS POWIŚLE DZIERZGOŃ	10 km	00:04:06	14.62	00:00:42.80	00:09:32.43	00:20:13.08	00:31:05.64	00:41:45.61	00:41:02.81
37	170	STOLARÓW	AGNIESZKA	K	MALBORK	DRUŻYNA PIERŚCIENIA	10 km	00:04:06	14.58	00:00:52.33	00:10:24.62	00:21:12.37	00:31:08.55	00:42:01.91	00:41:09.58
38	58	GŁADYKOWSKI	ŁUKASZ	M	GNIEW	TRUNSFORMACJA/PGB SPORTOWA PACZKA	10 km	00:04:07	14.56	00:01:32.28	00:10:56.52	00:21:41.95	00:31:50.66	00:42:44.90	00:41:12.62
39	247	WAŁDOWSKI	DOMINIK	M	GDAŃSK	XRUNNERS	10 km	00:04:07	14.54	00:00:47.94	00:10:11.32	00:21:01.51	00:31:14.61	00:42:04.81	00:41:16.87
40	151	RORAF	MAGDALENA	K	CELBOWO	TEAM KREFT	10 km	00:04:10	14.40	00:00:47.97	00:09:59.08	00:21:02.19	00:31:20.86	00:42:28.70	00:41:40.73
41	62	GROBELNY	TOMASZ	M	STAROGARD GD.	BIEGAMBOLUBIĘ	10 km	00:04:11	14.31	00:03:03.20	00:12:42.85	00:23:41.99	00:33:55.95	00:44:58.81	00:41:55.61
42	172	STRZESZYŃSKI	WOJCIECH	M	TCZEW	BIEGAJĄCY TCZEW / PAMIR TEAM	10 km	00:04:14	14.12	00:00:47.84	00:09:50.34	00:20:51.36	00:31:36.70	00:43:17.73	00:42:29.89
43	153	RUCHLEWICZ	NATALIA	K	SZTUM		10 km	00:04:15	14.09	00:00:47.81	00:09:46.29	00:20:55.69	00:31:18.88	00:43:22.86	00:42:35.05
44	81	KALINOWSKI	JULIUSZ	M	LUBICHOWO	TRI STAROGARD GDAŃSKI	10 km	00:04:15	14.07	00:03:48.15	00:13:57.73	00:25:04.86	00:35:31.55	00:46:26.26	00:42:38.11
45	73	JAROŃSKI	JANUSZ	M	TCZEW	SOWIŃSKITEAM/METRIXMETALTEAM	10 km	00:04:16	14.02	00:02:32.41	00:12:16.31	00:23:24.70	00:34:11.15	00:45:20.82	00:42:48.41
46	134	PASIERBSKA	EWA	K	GDAŃSK		10 km	00:04:17	13.96	00:01:08.88	00:10:48.11	00:22:02.60	00:32:34.27	00:44:07.94	00:42:59.06
47	43	DOBRYŃSKI	HENRYK	M	GDAŃSK	KUROPATWA TEAM	10 km	00:04:19	13.87	00:01:18.90	00:11:34.09	00:22:56.86	00:33:27.50	00:44:34.58	00:43:15.68
48	52	GAJDA	PATRYK	M	GDYNIA		10 km	00:04:21	13.76	00:01:02.42	00:10:32.26	00:22:05.99	00:33:00.58	00:44:39.63	00:43:37.21
49	68	JAFFKE	JAROSŁAW	M	ŁEB CZ	PRZYJACIELE W BIEGU	10 km	00:04:21	13.75	00:01:49.21	00:12:18.83	00:23:41.17	00:34:19.95	00:45:28.94	00:43:39.73
50	14	ANDRYSZAK	WOJCIECH	M	GDAŃSK	MAPA SC	10 km	00:04:23	13.68	00:02:03.97	00:12:24.38	00:23:43.04	00:34:34.97	00:45:56.88	00:43:52.91
51	259	ZAKRZEWSKI	JAKUB	M	STAROGARD GDAŃSKI		10 km	00:04:23	13.66	00:01:32.12	00:11:45.65	00:23:21.29	00:33:59.22	00:45:27.18	00:43:55.06
52	244	SZCZYPIOR	MARCIN	M	ZBLEWO	KS SOKÓŁ ZBLEWO	10 km	00:04:23	13.64	00:02:03.98	00:12:14.69	00:23:38.43	00:34:19.33	00:46:03.42	00:43:59.44
53	45	DUBIELA	HALINA	K	TCZEW	BIEGAJĄCY TCZEW	10 km	00:04:24	13.63	00:00:34.07	00:10:44.05	00:22:07.55	00:32:59.83	00:44:36.98	00:44:02.91
54	240	POPŁAWSKI	KACPER	M	GDYNIA	GPUMPKIN	10 km	00:04:25	13.58	00:03:34.20	00:14:15.97	00:25:47.76	00:36:35.69	00:47:44.24	00:44:10.04
55	195	WĄSIK	KRZYSZTOF	M	MALBORK	DĄBROWSKI TEAM	10 km	00:04:26	13.50	00:01:21.50	00:11:24.43	00:22:44.96	00:33:47.29	00:45:49.09	00:44:27.59
56	56	GLAZA	HENRYK	M	OSIECZNA		10 km	00:04:27	13.47	00:02:07.36	00:12:19.30	00:23:45.69	00:34:46.58	00:46:40.46	00:44:33.10
57	12	ADAMOWICZ	AGNIESZKA	K	SOPOT		10 km	00:04:29	13.37	00:02:02.15	00:12:20.59	00:24:02.08	00:35:03.24	00:46:55.62	00:44:53.47
58	20	BIĄŁKOWSKI	MARCIN	M	GDYNIA		10 km	00:04:29	13.36	00:02:42.78	00:12:51.71	00:24:38.01	00:35:38.86	00:47:37.05	00:44:54.27
59	261	CZARNECKI	DOBROMIŁ	M	BORKOWO		10 km	00:04:31	13.27	00:02:37.42	00:13:44.53	00:25:42.13	00:36:29.68	00:47:50.34	00:45:12.92
60	131	NIESPODZIŃSKI	LESŁAW	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:04:32	13.20	00:01:49.76	00:12:36.29	00:24:22.91	00:35:20.66	00:47:18.30	00:45:28.54
61	70	JANKA	MACIEJ	M	PELPLIN		10 km	00:04:34	13.14	00:03:08.52	00:13:50.74	00:25:32.13	00:36:44.20	00:48:48.90	00:45:40.38
62	243	SUCHOMSKI	DAWID	M	OSIECZNA		10 km	00:04:38	12.94	00:02:07.57	00:12:23.86	00:24:16.34	00:36:00.22	00:48:28.79	00:46:21.22
63	11	ACKERMANN	TOMASZ	M	TCZEW		10 km	00:04:38	12.94	00:02:18.97	00:12:36.16	00:24:52.66	00:36:46.72	00:48:41.67	00:46:22.70
64	96	KRYGER	KAROL	M	TCZEW		10 km	00:04:38	12.93	00:03:22.42	00:12:52.35	00:24:51.88	00:36:56.26	00:49:46.45	00:46:24.03
65	239	ORLIKOWSKI	EUGENIUSZ	M	GDYNIA	BIEGAMYRAZEM.PL	10 km	00:04:39	12.89	00:03:32.76	00:13:42.62	00:25:54.06	00:37:36.66	00:50:04.94	00:46:32.18

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Msc	Numer	Nazwisko	Imię	Płeć	Miejscowość	Klub	Dystans	Czas/km	Prędkość	START	2,5 KM	5 KM	7,5 KM	META 10 KM	Czas netto
66	169	STĘPIŃSKI	PAWEŁ	M	STAROGARD GDAŃSKI		10 km	00:04:41	12.79	00:03:27.89	00:14:49.15	00:27:04.90	00:38:45.30	00:50:22.71	00:46:54.82
67	216	CZOSKA	PRZEMYSŁAW	M	GDYNIA	JARBUD	10 km	00:04:41	12.79	00:01:39.86	00:12:18.65	00:23:55.10	00:35:53.92	00:48:35.71	00:46:55.85
68	130	NELKE	ELIASZ	M	TCZEW	APATOR METRIX S.A.	10 km	00:04:42	12.75	00:03:39.72	00:13:50.21	00:25:48.04	00:37:38.70	00:50:43.84	00:47:04.12
69	184	ŚRUTKOWSKI	SYLWESTER	M	SZTUM		10 km	00:04:44	12.67	00:01:12.71	00:11:33.15	00:23:48.23	00:35:38.09	00:48:35.69	00:47:22.98
70	108	KUŚMIEREK	MARCIN	M	MIŁOWO		10 km	00:04:44	12.64	00:01:47.64	00:12:54.79	00:25:07.18	00:36:51.68	00:49:14.88	00:47:27.24
71	177	SZEWCZUN	ANNA	K	DZIERZGOŃ	DKS POWIŚLE DZIERZGOŃ	10 km	00:04:46	12.56	00:02:12.14	00:13:21.53	00:26:00.91	00:37:46.96	00:49:59.58	00:47:47.44
72	53	GAŁKA	GRZEGORZ	M	GDAŃSK		10 km	00:04:47	12.50	00:03:22.56	00:13:35.93	00:26:08.20	00:38:16.16	00:51:22.54	00:47:59.98
73	66	HINTZKE	LESZEK	M	LEŚNIEWO	PRZYJACIELE W BIEGU	10 km	00:04:48	12.48	00:01:59.03	00:13:31.68	00:26:07.46	00:37:52.42	00:50:03.78	00:48:04.75
74	22	BIELECKI	ANDRZEJ	M	TCZEW		10 km	00:04:49	12.46	00:03:34.57	00:14:09.82	00:26:38.04	00:38:44.43	00:51:44.91	00:48:10.34
75	149	ROGALSKA	MAŁGORZATA	K	KOLINCZ		10 km	00:04:49	12.45	00:03:03.02	00:13:55.33	00:26:48.27	00:38:51.84	00:51:14.85	00:48:11.83
76	215	CIEŚLIK	MARTA	K	PRUSZCZ GDAŃSKI		10 km	00:04:49	12.43	00:01:18.72	00:12:16.09	00:24:48.15	00:36:45.47	00:49:35.24	00:48:16.52
77	245	ŚLUSARCZYK	ANDRZEJ	M	PRUSZCZ GDAŃSKI	PRUSZCZ BIEGA SHOW MUST GO ON ŻARTA WATAHA	10 km	00:04:49	12.42	00:01:18.79	00:12:13.95	00:24:47.86	00:36:42.84	00:49:36.91	00:48:18.12
78	225	JAGODZIŃSKI	DAMIAN	M	GDAŃSK	XRUNNERS	10 km	00:04:49	12.42	00:00:48.04	00:11:36.22	00:24:24.60	00:36:32.11	00:49:06.58	00:48:18.54
79	95	KRUSZYŃSKA	BARBARA	K	TCZEW	BIEGAJĄCY TCZEW	10 km	00:04:50	12.41	00:01:19.21	00:12:28.49	00:25:06.71	00:37:09.92	00:49:40.71	00:48:21.50
80	233	LABON	MAGDALENA	K	KOTEŻE	KS SOKÓŁ ZBLEWO	10 km	00:04:50	12.38	00:00:54.04	00:11:25.09	00:23:49.70	00:36:11.32	00:49:23.62	00:48:29.58
81	167	SPRĘGA	AURELIA	K	STAROGARD GDAŃSKI	SKL FILIPIDES	10 km	00:04:51	12.35	00:03:05.26	00:14:08.87	00:26:46.97	00:38:53.88	00:51:39.67	00:48:34.41
82	136	PĘSKO	MICHAŁ	M	GDAŃSK		10 km	00:04:52	12.32	00:02:07.43	00:12:48.03	00:25:04.56	00:37:12.35	00:50:48.60	00:48:41.17
83	137	PIĄTEK	JUSTYNA	K	GDAŃSK	ASSECO ACTIVE TEAM	10 km	00:04:55	12.20	00:02:12.28	00:13:27.16	00:25:56.95	00:38:22.31	00:51:24.44	00:49:12.16
84	49	FORMELA	ŁUKASZ	M	TCZEW		10 km	00:04:55	12.17	00:03:39.51	00:15:24.63	00:28:01.79	00:40:09.97	00:52:57.84	00:49:18.33
85	228	KOSSECKI	MICHAŁ	M	KNYBAWA		10 km	00:04:57	12.11	00:01:37.75	00:12:44.41	00:25:34.15	00:37:56.02	00:51:09.85	00:49:32.10
86	35	CZAPIEWSKI	MACIEJ ŁUKASZ	M	GDYNIA		10 km	00:04:57	12.08	00:03:24.73	00:15:21.75	00:28:17.38	00:40:34.30	00:53:04.63	00:49:39.90
87	181	ŚCISŁOWSKI	ANDRZEJ	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:04:59	12.03	00:01:21.73	00:12:09.48	00:24:52.10	00:37:06.88	00:51:14.34	00:49:52.61
88	186	TOCHA	ZBIGNIEW	M	SKÓRCZ	AKTYWNI KOCIEWIACY	10 km	00:04:59	12.03	00:03:48.40	00:15:52.75	00:28:40.56	00:40:47.97	00:53:42.24	00:49:53.84
89	157	RUMINSKI	DANIEL	M	GROBELNO		10 km	00:05:02	11.91	00:03:44.88	00:14:24.85	00:27:25.74	00:40:28.99	00:54:08.36	00:50:23.48
90	86	KŁOSOWSKI	GRZEGORZ	M	TCZEW		10 km	00:05:03	11.88	00:02:19.13	00:13:38.34	00:26:40.47	00:39:21.54	00:52:50.29	00:50:31.16
91	69	JANIK	ROMAN	M	KWIDZYN	KWIDZYN BIEGA	10 km	00:05:03	11.87	00:01:23.49	00:12:44.17	00:25:44.02	00:38:07.52	00:51:56.78	00:50:33.29
92	237	NOWAKOWSKI	TOMASZ	M	KWIDZYN		10 km	00:05:04	11.81	00:02:52.67	00:14:43.90	00:27:53.69	00:40:31.26	00:53:39.88	00:50:47.21
93	80	KACZMAREK-BYZDRA	ALEKSANDRA	K	CHWASZCZYNO	KACZMAREK TEAM	10 km	00:05:05	11.79	00:03:08.35	00:14:59.08	00:28:11.72	00:40:26.82	00:54:02.35	00:50:54.00
94	127	MORAWEK	ARKADIUSZ	M	GDAŃSK		10 km	00:05:06	11.75	00:02:53.30	00:14:39.10	00:27:47.14	00:40:23.50	00:53:56.46	00:51:03.16
95	150	ROGOCKI	JAROSŁAW	M	TCZEW		10 km	00:05:08	11.68	00:01:43.21	00:13:22.92	00:26:42.70	00:39:37.83	00:53:04.85	00:51:21.64
96	248	WOLSKI	JAROSŁAW	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:05:08	11.67	00:03:50.29	00:15:55.04	00:29:28.58	00:41:58.92	00:55:15.94	00:51:25.65
97	57	GLAZA	PRZEMYSŁAW	M	OSIECZNA		10 km	00:05:08	11.66	00:02:07.84	00:12:46.46	00:26:14.20	00:39:30.39	00:53:36.44	00:51:28.60
98	63	GROSKOWSKI	MARCIN	M	MALBORK	22 BLT	10 km	00:05:08	11.65	00:01:52.64	00:13:10.67	00:26:13.15	00:39:05.35	00:53:22.44	00:51:29.80
99	162	SILNICKI	WOJCIECH	M	ELBLĄG		10 km	00:05:10	11.59	00:01:42.45	00:12:59.29	00:26:05.01	00:39:22.74	00:53:28.84	00:51:46.39
100	231	KÜCHLER	PAWEŁ	M	GDYNIA	JARBUD	10 km	00:05:10	11.59	00:01:37.46	00:12:50.53	00:26:48.33	00:40:22.13	00:53:24.31	00:51:46.85
101	262	WIERNICKA	PAULINA	K	KWIDZYN	GMINA GARDEJA BIEGA	10 km	00:05:10	11.59	00:01:07.59	00:12:28.55	00:26:03.13	00:39:03.52	00:52:54.94	00:51:47.35

V Mistrzostwa Województwa Pomorskiego - VI Dycha nad Wisłą - III BGPk 2020

Msc	Numer	Nazwisko	Imię	Płeć	Miejscowość	Klub	Dystans	Czas/km	Prędkość	START	2,5 KM	5 KM	7,5 KM	META 10 KM	Czas netto
102	258	OLLER	JAKUB	M	TCZEW	DOVISTA ACTIVE TEAM	10 km	00:05:12	11.52	00:02:29.77	00:13:49.74	00:27:24.04	00:40:46.00	00:54:36.07	00:52:06.30
103	226	JANKA	WIKTOR	M	PELPLIN		10 km	00:05:14	11.44	00:03:14.22	00:15:12.46	00:28:34.85	00:41:59.63	00:55:43.19	00:52:28.97
104	179	SZWEDOWSKI	ŁUKASZ	M	KULICE	AKTYWNI KOCIEWIACY	10 km	00:05:15	11.42	00:03:48.57	00:16:04.14	00:29:13.58	00:42:27.99	00:56:19.74	00:52:31.17
105	129	NARLOCH	MICHAŁ	M	STAROGARD GDAŃSKI	DOVISTA ACTIVE TEAM	10 km	00:05:15	11.40	00:00:57.78	00:12:43.17	00:26:15.51	00:39:40.27	00:53:35.00	00:52:37.22
106	234	MACIEJEWSKI	PAWEŁ	M	TCZEW		10 km	00:05:16	11.38	00:01:40.00	00:14:08.16	00:27:52.38	00:40:48.87	00:54:24.24	00:52:44.24
107	60	GNYP	DANIEL	K	RÓŻYNY	WKURW_TEAM	10 km	00:05:16	11.36	00:02:58.34	00:14:56.73	00:28:39.90	00:41:58.14	00:55:46.53	00:52:48.19
108	50	FRANKIEWICZ	ANDRZEJ	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:05:18	11.31	00:01:59.14	00:13:05.12	00:27:18.74	00:41:02.15	00:55:02.28	00:53:03.14
109	83	KARPIŃSKI	ZBIGNIEW	M	GDAŃSK		10 km	00:05:18	11.31	00:03:45.01	00:15:13.57	00:28:45.55	00:41:52.45	00:56:48.47	00:53:03.46
110	27	CHABOWSKI	TOMASZ	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:05:18	11.30	00:01:49.91	00:13:21.43	00:27:08.31	00:40:24.78	00:54:55.69	00:53:05.78
111	220	GOLICKI	ADAM	M	TCZEW	PRESS GLASS BIEGAMY I WSPIERAMY	10 km	00:05:21	11.21	00:02:50.34	00:14:24.28	00:28:10.93	00:41:40.98	00:56:20.97	00:53:30.63
112	23	BINISZKIEWICZ	MARCIN	M	TCZEW		10 km	00:05:21	11.20	00:02:04.40	00:13:45.68	00:27:29.77	00:40:53.44	00:55:39.30	00:53:34.90
113	160	SAULEWICZ	ROBERT	M	SKOWARCZ	LOTOS RUNNING TEAM	10 km	00:05:21	11.19	00:01:07.56	00:12:35.82	00:26:28.76	00:40:05.29	00:54:44.11	00:53:36.55
114	185	ŚWITAŁA	ROMAN	M	KWIDZYN		10 km	00:05:21	11.19	00:03:23.29	00:15:33.25	00:29:27.43	00:43:05.37	00:57:02.28	00:53:38.99
115	51	GAJDA	ANNA EWA	K	GDYNIA		10 km	00:05:22	11.17	00:02:58.50	00:14:38.88	00:28:30.13	00:41:50.67	00:56:42.92	00:53:44.42
116	224	HINC	STANISŁAW	M	KOWALE	ŻARTA WATAHA	10 km	00:05:23	11.14	00:01:13.98	00:13:03.28	00:26:55.42	00:40:53.41	00:55:05.61	00:53:51.63
117	201	WITT	GRAŻYNA	K	SOPOT	MARATONYPOLSKIE.PL TEAM	10 km	00:05:23	11.13	00:02:02.56	00:13:46.78	00:27:43.59	00:41:03.97	00:55:57.84	00:53:55.28
118	207	ZIMA	JAN	M	MINIĘTA	DKS POWIŚLE DZIERZGOŃ	10 km	00:05:25	11.05	00:03:29.93	00:16:43.34	00:31:08.40	00:44:23.39	00:57:46.96	00:54:17.03
119	147	RICHERT	PIOTR	M	PRZODKOWO	PRZODKOWSKI TEAM	10 km	00:05:27	11.01	00:02:03.90	00:13:40.09	00:27:41.57	00:41:38.36	00:56:34.94	00:54:31.04
120	19	BEDNAREK	MICHAŁ	M	TCZEW	CROSSELITE	10 km	00:05:27	11.00	00:03:09.87	00:14:56.00	00:28:32.71	00:42:23.08	00:57:43.94	00:54:34.07
121	246	WAŁDOWSKA	ANNA	K	GDAŃSK	XRUNNERS	10 km	00:05:27	10.99	00:00:54.13	00:13:08.33	00:27:27.86	00:41:21.54	00:55:31.86	00:54:37.73
122	94	KRUSZYŃSKA	AGNIESZKA	K	M I Ł O B A D Z		10 km	00:05:29	10.94	00:03:05.27	00:14:43.67	00:28:44.11	00:42:26.46	00:57:57.30	00:54:52.03
123	103	KUPRYCIUK	MAGDALENA	K	TCZEW		10 km	00:05:29	10.94	00:01:21.95	00:13:36.29	00:27:46.03	00:41:31.11	00:56:14.55	00:54:52.60
124	13	AMBROZIAK	ADAM	M	KOWALE	TAKA RYBA	10 km	00:05:36	10.70	00:02:17.28	00:14:11.07	00:28:21.19	00:42:31.66	00:58:23.16	00:56:05.88
125	1	CZARNECKI	ARTUR	M	BORKOWO		10 km	00:05:37	10.68	00:02:39.34	00:13:48.06	00:27:56.93	00:43:04.56	00:58:51.73	00:56:12.39
126	188	TORŁOP	PRZEMYSŁAW	M	GDAŃSK		10 km	00:05:40	10.56	00:03:10.05	00:15:49.78	00:30:08.30	00:44:09.59	00:59:58.76	00:56:48.71
127	148	ROELLE	RADOSŁAW	M	GDAŃSK		10 km	00:05:44	10.46	00:00:59.13	00:12:10.58	00:27:31.04	00:42:10.76	00:58:20.31	00:57:21.18
128	200	WIELGOS	JOANNA	K	GDYNIA	PARKRUN RUMIA	10 km	00:05:44	10.44	00:01:34.76	00:14:20.28	00:28:57.88	00:43:28.09	00:59:03.90	00:57:29.14
129	223	GRZEGORZEWSKI	SLAWOMIR	M	TCZEW		10 km	00:05:45	10.43	00:00:59.64	00:13:58.41	00:28:47.68	00:43:21.71	00:58:31.75	00:57:32.11
130	222	GRZEGORZEWSKA	BARBARA	K	TCZEW		10 km	00:05:45	10.43	00:00:58.96	00:13:52.78	00:28:45.49	00:43:29.46	00:58:31.69	00:57:32.73
131	34	CZAPIEWSKI	ANDRZEJ	M	GDYNIA	BDOW MW	10 km	00:05:46	10.40	00:03:19.90	00:17:09.14	00:31:49.88	00:45:47.62	01:01:01.71	00:57:41.81
132	75	JĘDRZEJAK	MAGDALENA	K	GDYNIA	SĄ WOLNIEJSI / OLSZTYŃSKI KLUB MORSÓW IGŁO	10 km	00:05:46	10.40	00:03:20.26	00:17:08.69	00:31:52.43	00:45:49.58	01:01:02.14	00:57:41.88
133	123	MEŁGWA	KATARZYNA	K	GDYNIA		10 km	00:05:46	10.38	00:02:12.55	00:14:45.58	00:29:36.95	00:44:16.18	01:00:00.15	00:57:47.60
134	139	PISKORSKI	JERZY	M	PELPLIN		10 km	00:05:47	10.37	00:02:39.69	00:15:08.93	00:30:10.52	00:44:44.33	01:00:30.25	00:57:50.56
135	21	BIELECKA	ALEKSANDRA	K	TCZEW	DOVISTA ACTIVE TEAM	10 km	00:05:48	10.34	00:03:37.72	00:16:13.15	00:31:48.99	00:46:29.92	01:01:38.74	00:58:01.02
136	140	PLEWIŃSKI	RAFAŁ	M	GDYNIA	CHABROWE WILKI	10 km	00:05:49	10.30	00:03:42.40	00:16:31.36	00:31:38.03	00:46:26.03	01:01:58.61	00:58:16.21
137	232	KURAJK	MARIAN	M	RAKOWIEC/GDANSK		10 km	00:05:50	10.28	00:01:54.54	00:14:44.94	00:30:04.34	00:44:41.77	01:00:17.88	00:58:23.34

V Mistrzostwa Województwa Pomorskiego - VI Dycha nad Wisłą - III BGPk 2020

Msc	Numer	Nazwisko	Imię	Płeć	Miejscowość	Klub	Dystans	Czas/km	Prędkość	START	2,5 KM	5 KM	7,5 KM	META 10 KM	Czas netto
138	221	GÓRNIK	JAROSŁAW	M	POGÓRZE	JARBUD	10 km	00:05:51	10.23	00:01:34.41	00:15:31.23	00:32:25.46	00:46:46.08	01:00:13.83	00:58:39.42
139	178	SZEWCZUN	MAŁGORZATA	K	DZIERZGÓŃ	DKS POWIŚLE DZIERZGÓŃ	10 km	00:05:54	10.16	00:03:30.07	00:16:39.03	00:32:27.58	00:47:21.62	01:02:34.91	00:59:04.84
140	155	RUDNIK	JANINA EWA	K	KRĘPA SŁUPSKA	SP8 SŁUPSK	10 km	00:05:54	10.15	00:01:13.80	00:14:22.07	00:29:02.37	00:44:04.20	01:00:20.19	00:59:06.39
141	163	SOBOLEWSKI	ANTONI	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:05:55	10.13	00:01:37.69	00:14:46.54	00:30:20.15	00:45:06.29	01:00:52.44	00:59:14.75
142	176	SZCZYPKOWSKA	DANUTA	K	BORZECHOWO	MORSY ZBLEWO RUN TEAM	10 km	00:05:57	10.08	00:03:25.21	00:16:30.62	00:31:47.67	00:46:41.89	01:02:57.18	00:59:31.97
143	154	RUCHLEWICZ	URSZULA	K	SZTUM		10 km	00:06:02	9.92	00:01:57.73	00:15:07.65	00:30:57.68	00:46:14.93	01:02:26.09	01:00:28.36
144	230	KÜCHLER	MAŁGORZATA	K	GDYNIA	JARBUD	10 km	00:06:03	9.90	00:01:34.74	00:14:51.66	00:30:13.11	00:45:31.93	01:02:11.53	01:00:36.79
145	204	ZAKRZEWSKA	AGNIESZKA	K	MALBORK	KIJOWY FOLK	10 km	00:06:05	9.84	00:02:22.32	00:14:49.67	00:30:18.63	00:46:26.31	01:03:20.92	01:00:58.60
146	97	KRZAK	JERZY	M	GDAŃSK	PPMT PARKRUN GDAŃSK	10 km	00:06:12	9.66	00:03:13.17	00:16:46.36	00:32:31.16	00:47:56.27	01:05:20.95	01:02:07.78
147	42	DOBZYŃSKI	ADAM	M	GDAŃSK		10 km	00:06:14	9.62	00:01:27.37	00:15:11.51	00:31:18.23	00:47:19.72	01:03:48.39	01:02:21.02
148	44	DRYWA	MARTYNA DRYWA	K	SIERAKOWICE		10 km	00:06:16	9.56	00:02:14.61	00:16:15.31	00:32:42.45	00:48:38.08	01:05:00.01	01:02:45.40
149	146	REKOWSKI	KAZIMIERZ	M	TCZEW	EATON RUNNING TEAM/BIEGAJĄCY TCZEW	10 km	00:06:16	9.56	00:02:29.75	00:16:09.12	00:32:24.28	00:48:24.02	01:05:16.13	01:02:46.38
150	47	DYWELSKI	MIROSŁAW	M	TCZEW	BIEGAJĄCY TCZEW	10 km	00:06:24	9.36	00:03:39.88	00:17:30.20	00:33:56.24	00:50:04.63	01:07:45.40	01:04:05.52
151	214	BOGALECKI	MAREK	M	GDAŃSK	SAFE SPORT TEAM	10 km	00:06:31	9.19	00:02:14.46	00:18:06.11	00:36:05.92	00:52:36.24	01:07:30.82	01:05:16.36
152	174	SUŁKOWSKI	WOJCIECH	M	GDYNIA	ARKA GDYNIA	10 km	00:06:50	8.77	00:02:54.91	00:17:15.74	00:35:06.95	00:52:56.85	01:11:22.77	01:08:27.86
153	265	HOMA	HENRYK	M	PELPLIN		10 km	00:07:00	8.56	00:02:45.53	00:18:53.94	00:36:57.75	00:54:18.99	01:12:54.50	01:10:08.97
154	89	KOŁTONOWSKA	AGNIESZKA	K	GNIEW	TRANSFORMACJA GNIEW	10 km	00:07:11	8.35	00:03:12.51	00:17:09.71	00:35:53.02	00:55:01.43	01:15:03.05	01:11:50.54
155	116	MAJNA	KAZIMIERZ	M	GDYNIA	PARKRUN GDYNIA	10 km	00:07:18	8.20	00:03:39.55	00:19:10.44	00:37:36.58	00:56:15.56	01:16:49.39	01:13:09.84
156	260	JUSTA	BEATA	K	GNIEW		10 km	00:07:23	8.11	00:03:12.34	00:17:55.15	00:37:25.68	00:56:26.52	01:17:10.78	01:13:58.44
157	126	MILKOWSKI	MARIUSZ	M	GDYNIA		10 km	00:07:27	8.04	00:02:48.96	00:17:51.89	00:36:24.78	00:55:52.34	01:17:26.83	01:14:37.87
158	187	TORŁOP	MAŁGORZATA	K	GDAŃSK		10 km	00:07:42	7.78		00:42:36.58	00:37:53.98		01:17:09.78	01:17:09.78
DNF	40	DASZKIEWICZ	KAMILA	K	GRĘBLIN	BIEGAMBOLUBIĘ	10 km			00:00:27.62	00:12:11.20	00:26:06.74			