

Kaszebe Athletic Cup - wieczorny mityng lekkoatletyczny - 3000m

Miejsce: Kartuzy - 12.06.2021

Organizator: AMS – Akademia Młodego Sportowca, Akademia Biegowa Kartuzy



M-ce	Numer	Nazwisko	Imię	Płeć	M-ce M/K	Miejscowość	Klub	SERIA	DYSTANS	Wynik	200m	600m	1000m	1400m	1800m	2200m	2600m
1	204	PIONK	RAFAŁ	M	1	Miszewo	Kujawscy Runners	1	3000m - MIXT	00:10:18.81	00:00:37.43	00:01:56.30	00:03:19.30	00:04:43.62	00:06:08.10	00:07:33.64	00:08:57.70
2	215	GUTMAŃSKI	ŁUKASZ	M	2	Kościerzyna	Akademia Biegowa Kościerzyna	1	3000m - MIXT	00:11:09.85	00:00:37.97	00:01:57.65	00:03:26.08	00:04:58.63	00:06:31.74	00:08:05.41	00:09:40.57
3	84	ONOSZKO	WOJCIECH	M	3	Kożyczkowo		1	3000m - MIXT	00:11:35.58	00:00:43.56	00:02:15.86	00:03:50.19	00:05:23.97	00:06:58.71	00:08:36.07	00:10:12.37
4	176	ZABOROWSKI	MATEUSZ	M	4	Gołubie	Kujawscy Runners	1	3000m - MIXT	00:11:36.22	00:00:45.22	00:02:16.34	00:03:49.94	00:05:23.80	00:06:58.44	00:08:35.86	00:10:12.23
5	177	STENCEL	GRZEGORZ	M	5	Somonino	Akademia Biegowa Kartuzy	1	3000m - MIXT	00:11:50.04	00:00:48.91	00:02:26.61	00:04:04.22	00:05:40.03	00:07:14.76	00:08:48.02	00:10:21.85
7	210	GRUCHAŁA	RADOSŁAW	M	6	Kościerzyna	Akademia biegowa Kościerzyna	1	3000m - MIXT	00:12:44.42	00:00:48.81	00:02:33.44	00:04:23.24	00:06:07.48	00:07:51.34	00:09:34.63	00:11:09.84
8	31	KAMINSKA-OLCZAK	MARTA	K	1	Gdansk		1	3000m - MIXT	00:12:54.95	00:00:47.22	00:02:27.43	00:04:12.09		00:07:40.63	00:09:26.81	00:11:13.16
9	171	PÓŁROLA	ROBERT	M	7	Banino	Kujawscy Runners	1	3000m - MIXT	00:13:23.12	00:00:52.17	00:02:40.75	00:04:29.25	00:06:11.40	00:07:56.90	00:09:42.92	00:11:37.31
10	214	SŁOMIŃSKA	KINGA	K	2	Kościerzyna	Akademia Biegania Kościerzyna	1	3000m - MIXT	00:13:23.84	00:00:47.19	00:02:28.57		00:06:09.77	00:07:59.82	00:09:54.30	00:11:47.76
11	213	SZLAGOWSKA	OLIWIĄ	K	3	Kościerzyna	Akademia Biegania Kościerzyna	1	3000m - MIXT	00:14:12.50	00:00:54.85	00:02:47.17	00:04:38.55	00:06:32.96	00:08:30.05	00:10:28.26	00:12:27.86
12	147	KRAUZA	BEATA	K	4	KARTUZY	Akademia Biegowa Kartuzy	1	3000m - MIXT	00:16:32.88	00:00:55.66	00:03:04.86	00:05:20.55	00:07:37.40	00:09:53.12	00:12:10.04	00:14:26.59
13	185	GÓRNIĄK	JAROSŁAW	M	8	Pogórze	Jarbud	1	3000m - MIXT	00:16:35.99	00:00:56.11	00:03:04.75	00:05:20.61	00:07:39.23	00:09:57.44	00:12:19.09	00:14:29.32