

Grand Prix Gdańska - Zaspą Młyniec

Organizator: Klub Lekkoatletyczny KL Lechia Gdańsk

Termin: 2020-09-19

Miejsce: Gdańsk

Miejsce Open	Numer	Nazwisko	Imię	Płeć	M pł	Kategoria	M kat	Miejscowość	Klub	Dystans	Start	2,5 km	Meta	Czas netto	Czas/km	Prędkość
1	515	DUDZIAK	MATEUSZ	M	1	M 0-30	1	TCZEW	REAL-NA GWIAZDECZKA	5km	00:00:01.02	00:08:32.32	00:17:00.35	00:16:59.33	00:03:23	17.66
2	502	BAGROWSKI	TOMASZ	M	2	M 31-40	1	GDAŃSK	GRUPA TRÓJMIASTO / RADOŚĆ BIEGANIA	5km	00:00:00.98	00:08:32.37	00:17:08.79	00:17:07.81	00:03:25	17.53
3	554	LIDZBARSKI	JANUSZ	M	3	M 31-40	2	CHWASZCZYNO		5km	00:00:02.50	00:08:44.04	00:17:29.48	00:17:26.98	00:03:29	17.21
4	516	DZIEMIAN	JAKUB	M	4	M 0-30	2	GDAŃSK		5km	00:00:00.77	00:08:46.13	00:17:36.17	00:17:35.40	00:03:31	17.06
5	607	WNUK	MACIEJ	M	5	M 31-40	3	GDAŃSK		5km	00:00:04.52	00:08:47.14	00:17:45.61	00:17:41.09	00:03:32	16.97
6	608	BLOCH	SZYMON	M	6	M 31-40	4	CZERSK		5km	00:00:00.90	00:08:42.38	00:17:47.19	00:17:46.29	00:03:33	16.89
7	13	BOGDAŃSKI	PIOTR	M	7	M 31-40	5	ELBLĄG		5km	00:00:08.01	00:09:09.19	00:18:04.36	00:17:56.35	00:03:35	16.73
8	20	ZAKOWICZ	PAWEŁ	M	8	M 31-40	6	HALINÓW	PIECHOTĄ PO SCHODACH - ŁÓDŹ	5km	00:00:01.92	00:08:45.10	00:18:03.57	00:18:01.65	00:03:36	16.65
9	508	BURY	PAWEŁ	M	9	M 31-40	7	GDYNIA	BIEGAMYRAZEM.PL	5km	00:00:01.70	00:09:01.01	00:18:16.07	00:18:14.37	00:03:38	16.45
10	545	KULPACZYŃSKI	PATRYK	M	10	M 41-50	1	GDAŃSK	GOGGLE PAE TEAM	5km	00:00:04.56	00:09:12.25	00:18:19.57	00:18:15.01	00:03:39	16.44
11	510	CIEŚLIŃSKI	MICHAŁ	M	11	M 31-40	8	GDAŃSK		5km	00:00:04.11	00:09:12.63	00:18:19.86	00:18:15.75	00:03:39	16.44
12	536	KŁOS	MACIEJ	M	12	M 31-40	9	GDAŃSK	NW WYSPA SOBIESZEWSKA	5km	00:00:04.48	00:09:12.13	00:18:43.45	00:18:38.97	00:03:43	16.10
13	18	TRACZ	OLGIERD	M	13	M 31-40	10	GDAŃSK	OSOWA BIEGA	5km	00:00:03.23	00:09:07.98	00:18:45.71	00:18:42.48	00:03:44	16.04
14	16	HENDRICH	TOMASZ	M	14	M 41-50	2	BANINO		5km	00:00:11.73	00:09:33.94	00:18:58.17	00:18:46.44	00:03:45	15.99
15	514	DEKA	PRZEMYSŁAW	M	15	M 0-30	3	GDYNIA	RUNPASSION.PL TEAM	5km	00:00:02.44	00:09:14.96	00:18:49.43	00:18:46.99	00:03:45	15.99
16	596	TUWALSKA	MAŁGORZATA	K	1	K 41-50	1	GDAŃSK	LKS ZANTYR SZTUM	5km	00:00:01.95	00:09:17.31	00:18:54.16	00:18:52.21	00:03:46	15.90
17	595	TUSZYŃSKI	JAROSŁAW	M	16	M 31-40	11	GDAŃSK		5km	00:00:01.39	00:09:19.49	00:19:06.27	00:19:04.88	00:03:48	15.73
18	15	SZOT	DAWID	M	17	M 0-30	4	SZTUM	IRON TEAM	5km	00:00:04.66	00:09:31.89	00:19:16.96	00:19:12.30	00:03:50	15.63
19	584	SOBIERAJ	JAKUB	M	18	M 0-30	5	GDAŃSK		5km	00:00:05.94	00:09:35.16	00:19:19.32	00:19:13.38	00:03:50	15.61
20	523	JAKUSIK	JACEK	M	19	M 51+	1	MALBORK	GRUPA MALBORK	5km	00:00:04.04	00:09:31.70	00:19:23.38	00:19:19.34	00:03:51	15.53
21	569	PASZKOWSKI	PAWEŁ	M	20	M 31-40	12	GDAŃSK		5km	00:00:09.06	00:09:58.13	00:20:04.11	00:19:55.05	00:03:59	15.06
22	537	KNYCHAS	DAREK	M	21	M 41-50	3	WARSZAWA	PZU SPORT TEAM	5km	00:00:06.95	00:10:20.19	00:20:15.03	00:20:08.08	00:04:01	14.90
23	581	SCHUR	KRZYSZTOF	M	22	M 31-40	13	GDANSK	R@NERSI	5km	00:00:03.59	00:10:19.61	00:20:23.10	00:20:19.51	00:04:03	14.77
24	604	ŻEROMSKI	ALAN	M	23	M 0-30	6	GDAŃSK	POLITECHNIKA GDAŃSKA FTIMS	5km	00:00:08.61	00:10:16.15	00:20:37.79	00:20:29.18	00:04:05	14.65
25	562	NIBUS	JACEK	M	24	M 31-40	14	STRASZYŃ		5km	00:00:19.37	00:10:32.94	00:20:53.86	00:20:34.49	00:04:06	14.59
26	12	CICHOCKI	MARIUSZ	M	25	M 41-50	4	GDAŃSK		5km	00:00:09.51	00:10:23.82	00:20:47.07	00:20:37.56	00:04:07	14.55
27	568	PASIERBSKA	EWA	K	2	K 0-30	1	GDAŃSK		5km	00:00:04.07	00:10:05.63	00:20:45.68	00:20:41.61	00:04:08	14.50
28	517	DZIEWIATOWSKA	JOANNA	K	3	K 41-50	2	TUCHOM	KUJAWSCY RUNNERS	5km	00:00:03.15	00:10:21.81	00:20:58.11	00:20:54.96	00:04:10	14.35
29	597	WIECZOREK	TOMASZ	M	26	M 51+	2	GDAŃSK		5km	00:00:09.16	00:10:32.87	00:21:10.47	00:21:01.31	00:04:12	14.27
30	594	TUMIŃSKI	DAWID	M	27	M 0-30	7	JUSZKOWO		5km	00:00:19.11	00:10:38.08	00:21:24.96	00:21:05.85	00:04:13	14.23
31	512	CZYRZNIIEWSKI	PAWEŁ	M	28	M 0-30	8	GDAŃSK		5km	00:00:05.90	00:10:19.42	00:21:12.37	00:21:06.47	00:04:13	14.22
32	531	KARPENKO	ANDREJ	M	29	M 51+	3	GDANSK	LILIA	5km	00:00:06.82	00:10:18.03	00:21:13.51	00:21:06.69	00:04:13	14.22

Grand Prix Gdańska - Zaspą Młyniec

Miejsce Open	Numer	Nazwisko	Imię	Płeć	M pł	Kategoria	M kat	Miejscowość	Klub	Dystans	Start	2,5 km	Meta	Czas netto	Czas/km	Prędkość
33	503	BĄCELA	IGOR	M	30	M 0-30	9	GDAŃSK	ANWIL WŁOCLAWEK	5km	00:00:13.50	00:10:44.92	00:21:30.71	00:21:17.21	00:04:15	14.10
34	598	WIKARJAK	TOMASZ WIKARJAK	M	31	M 41-50	5	GDAŃSK		5km	00:00:18.95	00:10:32.46	00:21:42.91	00:21:23.96	00:04:16	14.03
35	501	ANOLIK	MONIKA	K	4	K 41-50	3	GDANSK		5km	00:00:04.81	00:10:39.30	00:21:36.22	00:21:31.41	00:04:18	13.94
36	556	ŁATAS	PAWEŁ	M	32	M 0-30	10	GDAŃSK		5km	00:00:02.06	00:10:11.33	00:21:47.67	00:21:45.61	00:04:21	13.79
37	542	KOWALIK	HUBERT	M	33	M 41-50	6	GDAŃSK		5km	00:00:07.31	00:10:39.99	00:21:55.77	00:21:48.46	00:04:21	13.76
38	588	SZUMACHER	MARTA	K	5	K 0-30	2	GDAŃSK		5km	00:00:09.75	00:11:08.30	00:22:08.09	00:21:58.34	00:04:23	13.66
39	549	KWIATEK	MACIEK	M	34	M 0-30	11	MILAKOWO		5km	00:00:11.76	00:11:29.65	00:22:14.89	00:22:03.13	00:04:24	13.61
40	587	STRUŻYŃSKI	TOMASZ	M	35	M 31-40	15	GDAŃSK		5km	00:00:10.72	00:11:04.33	00:22:17.87	00:22:07.15	00:04:25	13.56
41	7	PEŚKO	MICHAŁ	M	36	M 41-50	7	GDAŃSK		5km	00:00:06.35	00:10:52.61	00:22:16.88	00:22:10.53	00:04:26	13.53
42	10	BONISŁAWSKA-BYĆ	ANITA	K	6	K 41-50	4	GDAŃSK	REAKTYWUJ SIĘ W MARATONIE	5km	00:00:08.26	00:11:12.44	00:22:22.47	00:22:14.21	00:04:26	13.49
43	609	BORZYSZKOWSKI	BARTOSZ	M	37	M 0-30	12	KWIDZYN		5km	00:00:19.94	00:11:05.34	00:22:40.72	00:22:20.78	00:04:28	13.43
44	570	PĘPEK	BARTOSZ	M	38	M 31-40	16	GDAŃSK		5km	00:00:17.68	00:11:27.32	00:22:40.90	00:22:23.22	00:04:28	13.40
45	519	GRABIAS	ALEKSANDRA	K	7	K 31-40	1	GDAŃSK		5km	00:00:05.53	00:11:06.20	00:22:31.51	00:22:25.98	00:04:29	13.38
46	14	BEDNARZ	MACIEJ	M	39	M 41-50	8	GDAŃSK		5km	00:00:10.57	00:11:09.49	00:22:45.69	00:22:35.12	00:04:31	13.28
47	544	KUGAUDO	PIOTR	M	40	M 41-50	9	GDAŃSK		5km	00:00:08.57	00:11:22.38	00:22:46.62	00:22:38.05	00:04:31	13.25
48	567	OLEJARCZYK	PIOTR	M	41	M 51+	4	ELBLĄG		5km	00:00:13.60	00:11:27.26	00:22:54.03	00:22:40.43	00:04:32	13.24
49	529	KAŁUŻA	PAWEŁ	M	42	M 31-40	17	GDAŃSK		5km	00:00:22.62	00:11:54.67	00:23:16.80	00:22:54.18	00:04:34	13.10
50	17	TORBICKI	ARKADIUSZ	M	43	M 41-50	10	GDAŃSK		5km	00:00:10.07	00:11:10.12	00:23:08.44	00:22:58.37	00:04:35	13.06
51	605	KLOS	TOMEK	M	44	M 31-40	18	GDAŃSK		5km	00:00:10.26	00:11:13.20	00:23:12.31	00:23:02.05	00:04:36	13.02
52	560	MILEWSKA	WERONIKA	K	8	K 0-30	3	SĄPOLNO		5km	00:00:11.50	00:11:31.00	00:23:19.57	00:23:08.07	00:04:37	12.97
53	565	NOWAKOWSKA	EDYTA	K	9	K 0-30	4	MORAĞ		5km	00:00:19.36	00:11:56.19	00:23:32.06	00:23:12.70	00:04:38	12.93
54	578	RUDZIŃSKI	SZYMON	M	45	M 0-30	13	GDAŃSK		5km	00:00:10.52	00:11:25.37	00:23:29.39	00:23:18.87	00:04:39	12.88
55	504	BEJM	BARTOSZ	M	46	M 0-30	14	GDAŃSK		5km	00:00:09.11	00:11:31.48	00:23:29.34	00:23:20.23	00:04:40	12.86
56	566	NYCEK	MACIEJ	M	47	M 31-40	19	GDAŃSK		5km	00:00:06.07	00:11:13.53	00:23:27.19	00:23:21.12	00:04:40	12.85
57	6	ROCZYŃSKI	KRZYSZTOF	M	48	M 51+	5	GDAŃSK		5km	00:00:13.67	00:11:32.13	00:23:42.26	00:23:28.59	00:04:41	12.78
58	603	ZYGNERSKI	TOMASZ	M	49	M 31-40	20	GDAŃSK	DKS	5km	00:00:23.22	00:11:55.38	00:23:53.96	00:23:30.74	00:04:42	12.77
59	532	KARPENKO	LILIA	K	10	K 51+	1	GDANSK		5km	00:00:04.34	00:11:54.14	00:23:53.86	00:23:49.52	00:04:45	12.60
60	534	KEMPINSKI	WOJCIECH	M	50	M 0-30	15	GDANSK	VICTORIA GDANSK	5km	00:00:05.88	00:11:12.97	00:23:56.22	00:23:50.34	00:04:46	12.59
61	591	ŚLĘZAK	ADAM	M	51	M 31-40	21	ELBLĄG	OSP POGRODZIE	5km	00:00:01.04	00:11:17.51	00:23:51.86	00:23:50.82	00:04:46	12.59
62	590	SZWEDOWSKI	ŁUKASZ	M	52	M 31-40	22	KULICE		5km	00:00:22.85	00:12:29.76	00:24:19.94	00:23:57.09	00:04:47	12.53
63	539	KOPCZYŃSKA	MONIKA	K	11	K 31-40	2	GDAŃSK		5km	00:00:03.84	00:11:42.83	00:24:01.67	00:23:57.83	00:04:47	12.53
64	533	KARPIŃSKI	ZBIGNIEW	M	53	M 51+	6	GDAŃSK		5km	00:00:14.59	00:12:22.92	00:24:17.12	00:24:02.53	00:04:48	12.48
65	553	LEWANDOWSKA	JUSTYNA	K	12	K 41-50	5	GDAŃSK		5km	00:00:06.31	00:11:46.19	00:24:10.77	00:24:04.46	00:04:48	12.47
66	530	KARCZMARCZYK	BOGDAN	M	54	M 51+	7	GDAŃSK		5km	00:00:16.47	00:12:04.45	00:24:26.13	00:24:09.66	00:04:49	12.42
67	592	TAMIOŁA	ARKADIUSZ	M	55	M 31-40	23	GDAŃSK		5km	00:00:05.52	00:11:48.67	00:24:17.03	00:24:11.51	00:04:50	12.41
68	602	ZABOJSZCZ	MARCIN	M	56	M 31-40	24	GDAŃSK		5km	00:00:13.64	00:11:51.97	00:24:42.70	00:24:29.06	00:04:53	12.25
69	520	GRABOWSKA	MARZENA	K	13	K 51+	2	GDAŃSK	ŻARTA WATAHA	5km	00:00:16.77	00:12:12.41	00:24:45.87	00:24:29.10	00:04:53	12.25

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Miejsce Open	Numer	Nazwisko	Imię	Płeć	M pł	Kategoria	M kat	Miejscowość	Klub	Dystans	Start	2,5 km	Meta	Czas netto	Czas/km	Prędkość
70	606	ROZMUS	KATARZYNA	K	14	K 31-40	3	GDAŃSK		5km	00:00:10.25	00:12:02.48	00:24:40.18	00:24:29.93	00:04:53	12.25
71	8	SŁOWIK	BEATA	K	15	K 31-40	4	GDAŃSK		5km	00:00:12.99	00:12:11.24	00:24:44.57	00:24:31.58	00:04:54	12.24
72	555	LISTWAN	KRZYSZTOF	M	57	M 41-50	11	GDAŃSK-KOKOSZKI	KOCUR TEAM	5km	00:00:16.68	00:12:22.58	00:24:52.45	00:24:35.77	00:04:55	12.20
73	577	ROELLE	RADOSŁAW ROELLE	M	58	M 0-30	16	GDAŃSK		5km	00:00:25.70	00:12:11.70	00:25:14.52	00:24:48.82	00:04:57	12.10
74	564	NOSTITZ-JACKOWSKI	MATEUSZ	M	59	M 31-40	25	GDAŃSK		5km	00:00:26.36	00:12:58.46	00:25:30.50	00:25:04.14	00:05:00	11.97
75	506	BOBERSKI	ARTUR	M	60	M 41-50	12	GDAŃSK	RMDC	5km	00:00:12.87	00:12:42.67	00:25:27.59	00:25:14.72	00:05:02	11.89
76	522	HEBERLEIN	KAROLINA	K	16	K 41-50	6	WEJHEROWO		5km	00:00:18.67	00:12:46.46	00:25:46.97	00:25:28.30	00:05:05	11.78
77	586	STOLTMANN	PAULINA	K	17	K 31-40	5	GDAŃSK		5km	00:00:09.93	00:12:38.14	00:25:40.26	00:25:30.33	00:05:06	11.76
78	589	SZWED	PAWEŁ	M	61	M 41-50	13	GDAŃSK	BIEGOWYSWIAT.PL	5km	00:00:13.98	00:12:56.00	00:26:05.96	00:25:51.98	00:05:10	11.61
79	518	FRĄTCZAK	WIOLETA	K	18	K 31-40	6	GDAŃSK		5km	00:00:21.16	00:13:24.23	00:26:14.19	00:25:53.03	00:05:10	11.59
80	541	KOSTRZEWA-CEMBOR	URSZULA	K	19	K 51+	3	GDANSK	UKS ŻABIANKA GDAŃSK	5km	00:00:11.77	00:12:56.15	00:26:05.95	00:25:54.18	00:05:10	11.58
81	507	BUDZIAREK	ADAM	M	62	M 41-50	14	GDAŃSK	#BBKTS	5km	00:00:14.30	00:12:53.40	00:26:40.36	00:26:26.06	00:05:17	11.35
82	563	NIEWIŃSKA	BEATA	K	20	K 51+	4	GDAŃSK		5km	00:00:11.69	00:12:41.32	00:26:58.69	00:26:47.00	00:05:21	11.20
83	538	KOŃCZYŃSKI	PAWEŁ	M	63	M 31-40	26	GDAŃSK		5km	00:00:21.70	00:13:20.25	00:27:23.23	00:27:01.53	00:05:24	11.10
84	540	KOSIŃSKI	MARCIN	M	64	M 41-50	15	GDAŃSK		5km	00:00:11.07	00:13:21.10	00:27:21.16	00:27:10.09	00:05:26	11.04
85	513	DARGACZ	NATALIA	K	21	K 31-40	7	GDANSK		5km	00:00:09.36	00:12:48.35	00:27:23.53	00:27:14.17	00:05:26	11.02
86	551	LASKOWSKA	AGNIESZKA	K	22	K 41-50	7	GDANSK		5km	00:00:08.18	00:13:32.64	00:27:26.93	00:27:18.75	00:05:27	10.99
87	610	PIETRALCZYK	PIOTR	M	65	M 0-30	17	GDAŃSK		5km	00:00:20.87	00:13:47.98	00:27:46.46	00:27:25.59	00:05:29	10.94
88	585	SOCHACZEWSKI	MIREK	M	66	M 31-40	27	STRASZYN	DKS	5km	00:00:22.61	00:13:12.55	00:27:52.56	00:27:29.95	00:05:29	10.92
89	599	WITKOWSKI	JAROSŁAW	M	67	M 51+	8	GDAŃSK	RMDC	5km	00:00:12.78	00:13:39.33	00:28:05.31	00:27:52.53	00:05:34	10.77
90	511	CZECHLEWSKA	IWONA	K	23	K 31-40	8	GDAŃSK		5km	00:00:16.04	00:14:03.82	00:28:09.66	00:27:53.62	00:05:34	10.76
91	543	KRZAK	JERZY	M	68	M 51+	9	GDAŃSK		5km	00:00:16.56	00:14:06.42	00:28:32.87	00:28:16.31	00:05:39	10.61
92	547	KURAJK	MARIAN	M	69	M 51+	10	GDAŃSK		5km	00:00:07.30	00:14:00.73	00:28:27.58	00:28:20.28	00:05:40	10.59
93	552	LASKOWSKI	MAREK	M	70	M 41-50	16	GDAŃSK		5km	00:00:08.15	00:13:35.63	00:28:35.40	00:28:27.25	00:05:41	10.54
94	557	ŁAWRÓW	SYLWIA	K	24	K 0-30	5	GDAŃSK	IHS MARKIT	5km	00:00:09.64	00:12:49.75	00:28:46.28	00:28:36.64	00:05:43	10.49
95	575	RADAWIEC	MARCIN	M	71	M 41-50	17	GDAŃSK	PRZYMORZE 76ERS	5km	00:00:25.77	00:14:56.83	00:29:37.13	00:29:11.36	00:05:50	10.28
96	571	PLEWIŃSKI	RAFAŁ	M	72	M 31-40	28	BANINO	CHABROWE WILKI	5km	00:00:30.75	00:15:34.55	00:30:23.38	00:29:52.63	00:05:58	10.04
97	9	PĘPEK	AGATA	K	25	K 31-40	9	GDAŃSK		5km	00:00:17.72	00:14:40.15	00:30:15.26	00:29:57.54	00:05:59	10.02
98	574	PYŻ	SŁAWOMIR	M	73	M 31-40	29	GDAŃSK	GAIT	5km	00:00:08.31	00:14:42.94	00:30:19.02	00:30:10.71	00:06:02	9.94
99	527	JONES	OWEN	M	74	M 0-30	18	GDAŃSK		5km	00:00:29.67	00:16:14.19	00:33:05.24	00:32:35.57	00:06:31	9.21
100	526	JONES	ANNA	K	26	K 31-40	10	GDAŃSK		5km	00:00:29.52	00:16:14.31	00:33:05.36	00:32:35.84	00:06:31	9.21
101	11	ŻMUDA	GRAŻYNA	K	27	K 51+	5	GDAŃSK	RADA DZIELNICY ORUNIA GÓRNA GD PŁD	5km	00:00:15.84	00:16:33.75	00:33:43.71	00:33:27.87	00:06:41	8.97
102	582	SKIBA	PIOTR	M	75	M 41-50	18	GDAŃSK	RADA DZIELNICY ZASPA ROZSTAJE	5km	00:00:20.25	00:17:55.30	00:38:06.42	00:37:46.17	00:07:33	7.94
103	546	KURAJK	EWA	M	76	M 51+	11	GDAŃSK		5km	00:00:01.83	00:19:48.08	00:41:26.10	00:41:24.27	00:08:16	7.25