

**K 16-19**

| MSC | Osoba              | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|--------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | AMELIA ADAMCZUK    | K    | 17 [3][00:42:52.68]   | 19 [2][00:47:41.96]   | 11 [2][00:43:11.99]               | 59        |
| 2   | WERONIKA BINDEK    | K    | 28 [4][00:47:05.22]   | 37 [5][00:56:51.99]   | 40 [7][00:50:54.33]               | 50        |
| 3   | ZUZANNA SPYCHALSKA | K    | 43 [8][00:54:24.80]   | 38 [6][00:57:40.04]   | 42 [9][00:51:03.90]               | 43        |

**K 20-29**

| MSC | Osoba                    | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|--------------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | MAGDALENA KRETKIEWICZ    | K    | 44 [9][00:54:28.80]   | 44 [9][01:00:26.82]   | 49 [10][00:54:52.22]              | 38        |
| 2   | MARIA CHOJNACKA          | K    |                       | 41 [7][00:58:25.98]   | 41 [8][00:50:59.38]               | 28        |
| 3   | BALBINA SURMA            | K    |                       |                       | 34 [6][00:49:11.04]               | 19        |
| 4   | MARTA RYCKOWSKA          | K    | 47 [10][00:57:12.22]  |                       |                                   | 13        |
| 5   | KATARZYNA KRYSZAK        | K    |                       |                       | 60 [13][01:00:42.05]              | 12        |
| 6   | KAROLINA ŁUBIŃSKA        | K    |                       |                       | 68 [18][01:05:51.39]              | 7         |
| 7   | MONIKA DANOWSKA DANOWSKA | K    | 65 [19][01:14:07.14]  |                       |                                   | 4         |
| 8   | WIKTORIA KLASA           | K    | 67 [21][01:19:54.14]  |                       |                                   | 2         |
| 9   | MONIKA KOISZEWSKA        | K    | 68 [22][01:56:10.23]  |                       |                                   | 1         |
| 10  | MONIKA SULEWSKA          | K    |                       |                       | 75 [24][]                         | 1         |

**K 30-39**

| MSC | Osoba                | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|----------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | NATALIA MITKOWSKA    | K    |                       | 14 [1][00:46:49.66]   | 10 [1][00:43:11.56]               | 41        |
| 2   | KATARZYNA WÓJTOWICZ  | K    | 54 [13][00:59:20.75]  | 58 [14][01:12:07.37]  | 64 [15][01:04:16.53]              | 24        |
| 3   | AGNIESZKA KOŚCIUWSKA | K    |                       | 30 [3][00:52:21.75]   |                                   | 15        |
| 4   | MARTA LEŚNIEWSKA     | K    |                       | 51 [10][01:04:01.41]  |                                   | 8         |
| 5   | KAROLINA KUBISIAK    | K    | 66 [20][01:19:40.78]  | 62 [17][01:35:43.16]  | 71 [21][01:11:49.30]              | 8         |
| 6   | MONIKA WALTER        | K    | 64 [18][01:12:10.62]  |                       | 74 [23][01:14:48.36]              | 7         |

**K 40-49**

| MSC | Osoba                   | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|-------------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | DOROTA SZUMLAS          | K    | 31 [5][00:47:06.26]   | 34 [4][00:53:28.99]   | 28 [4][00:46:43.22]               | 53        |
| 2   | ANNA SPYCHALSKA         | K    | 50 [12][00:58:53.57]  | 52 [11][01:05:05.97]  | 62 [14][01:02:08.30]              | 29        |
| 3   | MAŁGORZATA BIAŁOSKÓRSKA | K    | 60 [15][01:05:41.04]  | 61 [16][01:19:18.48]  | 67 [17][01:05:18.80]              | 18        |
| 4   | MONIKA STACHOWSKA       | K    | 62 [17][01:08:14.00]  | 59 [15][01:13:18.62]  | 69 [19][01:09:36.16]              | 15        |
| 5   | AGNIESZKA CHLECHOWICZ   | K    | 61 [16][01:08:00.91]  |                       |                                   | 7         |

|   |                        |   |  |  |                         |   |
|---|------------------------|---|--|--|-------------------------|---|
| 6 | AGNIESZKA ADAMCZYK-KOS | K |  |  | 70<br>[20][01:10:16.93] | 5 |
| 7 | MAGDALENA PRZYBYŁOWICZ | K |  |  | 73<br>[22][01:14:48.29] | 3 |

#### K 50-59

| MSC | Osoba              | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|--------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | MAŁGORZATA JUNKA   | K    | 56 [14][01:01:02.80]  | 53 [12][01:05:06.00]  | 58<br>[12][00:59:11.06]           | 28        |
| 2   | AGNIESZKA ZGRZYWA  | K    |                       | 43 [8][00:59:43.37]   |                                   | 10        |
| 3   | AGNIESZKA PRAJSNAR | K    |                       |                       | 66<br>[16][01:04:16.87]           | 9         |

#### K 60-69

| MSC | Osoba         | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|---------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | ANNA KRASUSKA | K    | 48 [11][00:57:17.38]  | 55 [13][01:07:13.32]  | 55<br>[11][00:57:59.39]           | 31        |

#### K 70-100

MSC                      Osoba                      Płeć                      [21 km](#)                      [24 km](#)                      [21 km \(od 16 lat\)](#)                      Punktacja

#### M 16-19

| MSC | Osoba                | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|----------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | KAMIL SKRZYPIEC      | M    | 2 [2][00:38:01.02]    | 2 [2][00:40:10.24]    | 1 [1][00:37:26.14]                | 142       |
| 2   | BARTŁOMIEJ CHOJNACKI | M    | 1 [1][00:38:00.79]    | 5 [5][00:41:46.29]    | 4 [4][00:39:49.96]                | 137       |
| 3   | MAREK ZGRZYWA        | M    |                       | 3 [3][00:41:45.27]    |                                   | 43        |

#### M 20-29

| MSC | Osoba               | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|---------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | KRYSTIAN NAHAJOWSKI | M    | 11 [11][00:41:18.32]  | 12 [12][00:44:20.53]  | 9 [9][00:42:52.29]                | 115       |
| 2   | KAROL BOGUSŁAWSKI   | M    | 5 [5][00:39:53.50]    | 8 [8][00:41:48.82]    |                                   | 80        |
| 3   | ARKADIUSZ SZUMLAS   | M    | 32 [27][00:47:06.68]  | 6 [6][00:41:46.92]    |                                   | 60        |
| 4   | PAWEŁ PRAJSNAR      | M    |                       |                       | 38<br>[32][00:50:45.93]           | 22        |
| 5   | SZYMON KUBIAK       | M    |                       |                       | 44<br>[35][00:51:22.32]           | 19        |
| 6   | DAWID RADZEWICZ     | M    | 63 [46][01:09:04.94]  | 60 [45][01:16:58.87]  | 65<br>[50][01:04:16.61]           | 6         |
| 7   | PATRYK MAGREAN      | M    | 58 [44][01:02:05.74]  |                       |                                   | 3         |

#### M 30-39

| MSC | Osoba               | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|---------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | MIROŚLAW PAWELEC    | M    | 3 [3][00:38:01.31]    | 1 [1][00:40:03.48]    | 2 [2][00:37:26.29]                | 141       |
| 2   | ŁUKASZ KWIATKOWSKI  | M    | 25 [22][00:45:34.90]  | 17 [16][00:47:40.68]  | 15<br>[13][00:43:13.90]           | 96        |
| 3   | SEBASTIAN MAZUREK   | M    |                       | 4 [4][00:41:45.59]    | 3 [3][00:39:16.74]                | 93        |
| 4   | ROBERT PRZYCHODNIAK | M    | 29 [25][00:47:05.62]  | 25 [23][00:51:23.60]  | 26<br>[23][00:46:40.94]           | 76        |
| 5   | BARTOSZ SOBCZYŃSKI  | M    |                       | 26 [24][00:51:25.49]  | 23<br>[20][00:46:29.40]           | 56        |
| 6   | ADAM PIŁECZKA       | M    |                       |                       | 7 [7][00:40:18.18]                | 47        |
| 7   | MICHAŁ EBERTOWSKI   | M    | 39 [32][00:49:29.48]  |                       | 35<br>[29][00:49:43.14]           | 40        |

|    |                                  |   |                      |                      |                      |    |
|----|----------------------------------|---|----------------------|----------------------|----------------------|----|
| 8  | JAN ADAMSKI                      | M | 20 [17][00:43:50.79] |                      |                      | 30 |
| 9  | ŁUKASZ ENGELBERG                 | M | 53 [41][00:59:20.46] | 45 [36][01:00:41.66] | 50 [40][00:54:57.05] | 30 |
| 10 | MARIUSZ STASIAK                  | M |                      |                      | 37 [31][00:50:22.64] | 23 |
| 11 | PAWEŁ LEWANDOWSKI<br>LEWANDOWSKI | M | 57 [43][01:01:51.00] | 47 [38][01:02:47.54] | 54 [44][00:57:37.34] | 22 |
| 12 | MARIUSZ MICHALSKI                | M |                      |                      |                      | 0  |

#### M 40-49

| MSC | Osoba                     | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|---------------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | JACEK SZUMLAS             | M    | 6 [6][00:39:54.18]    | 10 [10][00:41:50.04]  | 5 [5][00:40:15.83]                | 126       |
| 2   | PAWEŁ ZDANCEWICZ          | M    | 21 [18][00:43:51.11]  | 16 [15][00:47:40.49]  | 12 [10][00:43:12.08]              | 104       |
| 3   | DANIEL KASPROWICZ         | M    | 24 [21][00:45:34.61]  | 21 [19][00:50:16.97]  | 16 [14][00:43:14.14]              | 93        |
| 4   | JACEK ŁUKASIEWICZ         | M    | 14 [14][00:42:15.23]  | 27 [25][00:51:36.10]  | 19 [16][00:43:22.54]              | 92        |
| 5   | TOMASZ KSENIK             | M    | 9 [9][00:40:57.69]    |                       | 6 [6][00:40:16.42]                | 86        |
| 6   | PIOTR FELIKS              | M    | 22 [19][00:43:55.89]  | 23 [21][00:50:37.03]  | 25 [22][00:46:30.04]              | 85        |
| 7   | MARCIN DUDA               | M    | 4 [4][00:39:49.56]    | 9 [9][00:41:49.30]    |                                   | 80        |
| 8   | ŁUKASZ WARCHOŁ            | M    | 8 [8][00:40:06.23]    | 7 [7][00:41:47.98]    |                                   | 78        |
| 9   | MIROSLAW SZELAK           | M    | 13 [13][00:41:29.83]  |                       | 14 [12][00:43:13.22]              | 76        |
| 10  | BARTOSZ GRASZKA           | M    | 41 [34][00:52:31.58]  | 29 [27][00:52:00.51]  | 27 [24][00:46:41.35]              | 62        |
| 11  | DAMIAN KOWALSKI           | M    | 36 [30][00:47:30.75]  | 35 [31][00:53:41.26]  | 31 [26][00:46:43.90]              | 60        |
| 12  | MATEUSZ KONKEL            | M    | 26 [23][00:47:04.24]  | 24 [22][00:50:59.06]  |                                   | 48        |
| 13  | DANIEL KOTZIAN            | M    | 7 [7][00:39:54.68]    |                       |                                   | 40        |
| 14  | JAROSŁAW MYDLARSKI        | M    |                       |                       | 20 [17][00:46:01.83]              | 37        |
| 15  | MAREK MYDLARSKI           | M    |                       | 18 [17][00:47:41.15]  |                                   | 29        |
| 16  | ROMAN WIATROWSKI          | M    | 51 [39][00:59:01.14]  | 48 [39][01:02:58.81]  | 57 [46][00:58:47.03]              | 23        |
| 17  | ZBIGNIEW SIERPOWSKI       | M    |                       | 28 [26][00:51:55.60]  |                                   | 20        |
| 18  | RYSZARD NIEWĘGŁOWSKI      | M    | 59 [45][01:04:18.62]  | 49 [40][01:03:19.79]  | 53 [43][00:55:59.14]              | 19        |
| 19  | PIOTR KUSA                | M    |                       | 42 [35][00:58:34.96]  |                                   | 11        |
| 20  | PIOTR MITKOWSKI MITKOWSKI | M    |                       |                       | 61 [48][01:02:04.67]              | 6         |
| 21  | RAFAŁ GBURZYŃSKI          | M    |                       |                       | 72 [51][01:12:41.73]              | 3         |
| 22  | RADOSŁAW FLISIKOWSKI      | M    |                       | 57 [44][01:11:51.69]  |                                   | 2         |
| 23  | KAROL WNUCZKO             | M    |                       |                       | 77 [53][]                         | 1         |
| 24  | ROMAN DĄBKOWSKI           | M    |                       |                       |                                   | 0         |

#### M 50-59

| MSC | Osoba             | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|-------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | MARCIN JARKIEWICZ | M    | 10 [10][00:40:59.94]  | 11 [11][00:41:51.68]  | 8 [8][00:40:25.95]                | 118       |
| 2   | JULIAN ZIÓŁKOWSKI | M    | 23 [20][00:44:00.96]  | 20 [18][00:48:55.33]  | 24 [21][00:46:29.76]              | 88        |

|    |                     |   |                      |                      |                         |    |
|----|---------------------|---|----------------------|----------------------|-------------------------|----|
| 3  | SŁAWOMIR CHARUBIN   | M | 12 [12][00:41:22.27] |                      | 13<br>[11][00:43:12.83] | 78 |
| 4  | MARIUSZ CHOMIAK     | M | 30 [26][00:47:06.03] | 33 [30][00:53:27.64] | 32<br>[27][00:47:03.57] | 64 |
| 5  | WIESŁAW MAZUREK     | M |                      | 22 [20][00:50:21.19] | 22<br>[19][00:46:04.70] | 61 |
| 6  | DARIUSZ CHOJECKI    | M |                      | 13 [13][00:45:49.64] |                         | 33 |
| 7  | JAROSŁAW KONKOL     | M | 18 [15][00:43:01.43] |                      |                         | 32 |
| 8  | PIOTR SYKUT         | M |                      |                      | 29<br>[25][00:46:43.76] | 29 |
| 9  | DARIUSZ ŚPICA       | M | 46 [37][00:55:45.73] | 56 [43][01:11:05.09] | 51<br>[41][00:55:33.63] | 26 |
| 10 | JERZY STANKIEWICZ   | M |                      |                      | 39<br>[33][00:50:50.76] | 21 |
| 11 | ROBERT PRAJSNAR     | M |                      |                      | 45<br>[36][00:54:04.76] | 18 |
| 12 | PIOTR KOKOWSKI      | M | 37 [31][00:48:08.38] |                      |                         | 16 |
| 13 | ALIAKSANDR MELNIKAU | M |                      | 50 [41][01:03:35.36] | 56<br>[45][00:58:39.19] | 14 |
| 14 | MACIEJ WILCZEWSKI   | M |                      | 39 [33][00:57:40.31] |                         | 13 |
| 15 | ZBIGNIEW WILLER     | M | 52 [40][00:59:16.72] |                      | 76 [52][]               | 9  |
| 16 | GRZEGORZ TURKIEWICZ | M |                      |                      |                         | 0  |

#### M 60-69

| MSC | Osoba              | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|--------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | HENRYK ŚLIWIŃSKI   | M    | 19 [16][00:43:50.30]  | 15 [14][00:47:40.39]  | 18<br>[15][00:43:20.88]           | 102       |
| 2   | ANDRZEJ ZABAWA     | M    | 35 [29][00:47:13.81]  | 36 [32][00:56:27.80]  | 36<br>[30][00:49:52.41]           | 56        |
| 3   | TOMASZ FROŁOWICZ   | M    | 42 [35][00:52:36.36]  | 40 [34][00:58:19.47]  | 43<br>[34][00:51:09.86]           | 44        |
| 4   | ZBIGNIEW PAWELEC   | M    | 40 [33][00:51:48.21]  |                       | 46<br>[37][00:54:16.09]           | 31        |
| 5   | MARIAN MACIEJEWSKI | M    |                       | 46 [37][01:00:47.92]  | 48<br>[39][00:54:42.61]           | 24        |
| 6   | JACEK OGONOWSKI    | M    | 34 [28][00:47:08.03]  |                       |                                   | 19        |
| 7   | WIESŁAW BROWARCZYK | M    | 49 [38][00:58:36.54]  |                       |                                   | 9         |
| 8   | ARKADIUSZ SŁOWIK   | M    |                       |                       |                                   | 0         |

#### M 70-100

| MSC | Osoba              | Płeć | <a href="#">21 km</a> | <a href="#">24 km</a> | <a href="#">21 km (od 16 lat)</a> | Punktacja |
|-----|--------------------|------|-----------------------|-----------------------|-----------------------------------|-----------|
| 1   | ANTONI WRÓBEL      | M    | 27 [24][00:47:04.44]  | 32 [29][00:53:26.53]  | 21<br>[18][00:46:02.85]           | 76        |
| 2   | WOJCIECH STEFANIAK | M    | 45 [36][00:55:45.53]  |                       | 52<br>[42][00:55:58.76]           | 23        |
| 3   | ZYGMUNT BANIA      | M    | 55 [42][00:59:30.15]  | 54 [42][01:06:11.41]  | 63<br>[49][01:03:44.29]           | 14        |
| 4   | JUREK OLEKSIEWICZ  | M    |                       |                       | 59<br>[47][01:00:33.02]           | 7         |