

PIETRASZE CROSS COUNTRY 2/4 - Białystok, 26.02.2023

5 850 m

| LP. | WYNIK | Tempo | Km/h | ZAWODNIK | MIASTO/KLUB |
|-----|---------|--------|-------|---------------------------|----------------------------|
| 1 | 0:19:10 | 3' 17" | 18.31 | ŁOBODZIŃSKI PIOTR #81 | Prefbet-Sonarol Łomża |
| 2 | 0:23:03 | 3' 56" | 15.23 | TARASEWICZ IGOR #17 | 3T Białystok |
| 3 | 0:23:07 | 3' 57" | 15.18 | SUPIŃSKI ADAM #1 | Pędziwiatr Białystok |
| 4 | 0:24:07 | 4' 07" | 14.55 | PEŁSZYK PIOTR #95 | Pędziwiatr Białystok |
| 5 | 0:24:57 | 4' 16" | 14.07 | KLECZYŃSKI KAMIL #37 | KS Akalica |
| 6 | 0:25:02 | 4' 17" | 14.02 | WŁADYCZAŃSKI MATEUSZ #19 | Outdoor Training |
| 7 | 0:25:13 | 4' 19" | 13.92 | CHMIELEWSKI KRZYSZTOF #5 | Podlaskie kOCuRy |
| 8 | 0:25:24 | 4' 20" | 13.82 | KRASOWSKI DAMIAN #16 | Białystok |
| 9 | 0:25:31 | 4' 22" | 13.76 | SIEŚKIEWICZ KRZYSZTOF #21 | Białostocka Sekta Biegaczy |
| 10 | 0:25:35 | 4' 22" | 13.72 | KORZENIEWSKI PAWEŁ #12 | EIP Team/3T Białystok |
| 11 | 0:25:42 | 4' 24" | 13.66 | PÓŁKOŚNIK ADAM #62 | Zachęta Białystok |
| 12 | 0:25:45 | 4' 24" | 13.63 | KOSIOREK ŁUKASZ #10 | Białystok |
| 13 | 0:26:18 | 4' 30" | 13.35 | ŁADYSZ DARIUSZ #33 | Białystok |
| 14 | 0:27:10 | 4' 39" | 12.92 | JAKIMIEC TOMASZ #45 | Pie3cki Team |
| 15 | 0:27:12 | 4' 39" | 12.90 | ŁAPIŃSKI ADAM #13 | AikiRunners |
| 16 | 0:27:24 | 4' 41" | 12.81 | BOSIACKI JAROSŁAW #23 | MD Run Training |
| 17 | 0:27:48 | 4' 45" | 12.63 | ZALEWSKI DARIUSZ #22 | Nadaktywni |
| 18 | 0:27:53 | 4' 46" | 12.59 | PUCIŁOWSKI MIROSŁAW #70 | Nadaktywni |
| 19 | 0:27:56 | 4' 46" | 12.57 | BARTECZKA JACEK #56 | Miejskoaktywni/Szkaradowo |
| 20 | 0:28:00 | 4' 47" | 12.54 | ZAJKOWSKA MARTA #24 | Nadaktywni |
| 21 | 0:28:13 | 4' 49" | 12.44 | MARKOWSKA EWA #100 | iSwim MP Kancelaria |
| 22 | 0:28:34 | 4' 53" | 12.29 | ŚWISŁOCKI PIOTR #26 | MD Run Training |
| 23 | 0:28:46 | 4' 55" | 12.20 | ROMAŃCZUK TOMASZ #91 | Outdoor Training |
| 24 | 0:29:07 | 4' 59" | 12.05 | NOWICKI ADAM #89 | Outdoor Training |
| 25 | 0:29:18 | 5' 01" | 11.98 | CHOJNOWSKI RAFAŁ #32 | Pagepro |
| 26 | 0:29:24 | 5' 02" | 11.94 | ROGOWSKI KONRAD #8 | RAW Centrum Treningowe |
| 27 | 0:29:47 | 5' 05" | 11.79 | MATEJCZYK ARTUR #48 | Outdoor Training |
| 28 | 0:30:21 | 5' 11" | 11.57 | FRANKOWSKA GABRIELA #64 | Juvenia Białystok |
| 29 | 0:30:22 | 5' 11" | 11.56 | BOGDANOWICZ ANETA #54 | Juvenia Białystok |
| 30 | 0:30:32 | 5' 13" | 11.50 | GAWRYLUK MARCIN #76 | Podlaskie kOCuRy |
| 31 | 0:30:33 | 5' 13" | 11.49 | WRZESIŃSKI ZDZISŁAW #80 | OSK SzAŁ |
| 32 | 0:30:50 | 5' 16" | 11.38 | BAZYLUK EWA #18 | Czarna Białostocka |
| 33 | 0:31:14 | 5' 20" | 11.24 | WALICKI SEBASTIAN #50 | Białystok |
| 34 | 0:31:16 | 5' 21" | 11.23 | KONDRACIUK MARIUSZ #66 | Kondraciuk Team |
| 35 | 0:31:17 | 5' 21" | 11.22 | POLAK ROBERT #46 | MD Run Training |

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|-----------|---------|--------|-------|----------------------------------|---------------------------------|
| <u>36</u> | 0:31:22 | 5' 22" | 11.19 | RUDZIŃSKI BOGDAN #88 | Białystok Biega Team |
| <u>37</u> | 0:31:26 | 5' 22" | 11.17 | TEKIN ROBERT #73 | 3T Białystok |
| <u>38</u> | 0:31:27 | 5' 23" | 11.16 | CHUCZUN GRZEGORZ #71 | Znowu podium |
| <u>39</u> | 0:31:49 | 5' 26" | 11.03 | ŻARSKA KATARZYNA #77 | Białystok |
| <u>40</u> | 0:31:54 | 5' 27" | 11.00 | MORAWSKI JACEK #14 | MD Run Training |
| <u>41</u> | 0:32:04 | 5' 29" | 10.95 | NYTKO MARCEL #75 | AkiRunners |
| <u>42</u> | 0:32:08 | 5' 30" | 10.92 | KOPCZEWSKI TADEUSZ #20 | Białystok |
| <u>43</u> | 0:32:22 | 5' 32" | 10.84 | CZEMIEL-MIĘKISZ MARTA #51 | Białystok |
| <u>44</u> | 0:32:32 | 5' 34" | 10.79 | PERNER PIOTR #65 | Saga Narwi |
| <u>45</u> | 0:32:36 | 5' 34" | 10.77 | PIOTROWSKI RAFAŁ #25 | Nadaktywni |
| <u>46</u> | 0:32:50 | 5' 37" | 10.69 | WIŃSKI ADAM #52 | Białystok |
| <u>47</u> | 0:33:03 | 5' 39" | 10.62 | SZYMAŃSKI MICHAŁ #15 | Bogucianka Pianka Boguty-Pianki |
| <u>48</u> | 0:33:09 | 5' 40" | 10.59 | KABAK WOJCIECH #42 | Białystok |
| <u>49</u> | 0:33:18 | 5' 42" | 10.54 | MECLIK ADRIAN #82 | Białystok |
| <u>50</u> | 0:33:21 | 5' 42" | 10.52 | KARDASZ WALDEMAR #68 | Białystok |
| <u>51</u> | 0:33:24 | 5' 43" | 10.51 | STEPANCZENKO RAFAŁ #47 | Białostocka Sekta Biegaczy |
| <u>52</u> | 0:33:27 | 5' 43" | 10.49 | MYDLARZ JERZY #74 | Juvenia Białystok |
| <u>53</u> | 0:33:33 | 5' 44" | 10.46 | DZIEKOŃSKI TADEUSZ #72 | Juvenia Białystok |
| <u>54</u> | 0:33:34 | 5' 44" | 10.46 | GAWRYLUK-KORCZAK ELIZA #79 | Podlaskie kOCuRy |
| <u>55</u> | 0:33:39 | 5' 45" | 10.43 | KAMIŃSKI CEZARY #38 | Białystok |
| <u>56</u> | 0:34:20 | 5' 52" | 10.22 | JADCZUK TOMASZ #6 | SII Running Team |
| <u>57</u> | 0:34:29 | 5' 54" | 10.18 | BULWIN BEATA #34 | 3T Białystok |
| <u>58</u> | 0:34:33 | 5' 54" | 10.16 | KWIATEK MAGDALENA #55 | Outdoor Training |
| <u>59</u> | 0:34:56 | 5' 58" | 10.05 | BAGIŃSKA OLGA #67 | Białostocka Sekta Biegaczy |
| <u>60</u> | 0:34:58 | 5' 59" | 10.04 | KRAWCZUK JERZY #92 | Forest Riders |
| <u>61</u> | 0:35:51 | 6' 08" | 9.79 | GASZTOLD URSZULA #60 | Białystok |
| <u>62</u> | 0:35:55 | 6' 08" | 9.77 | CHYLIŃSKI ADAM #30 | Pagepro |
| <u>63</u> | 0:35:58 | 6' 09" | 9.76 | KURNICKI RAFAŁ #39 | Raffik Sklep Zoologiczny |
| <u>64</u> | 0:35:59 | 6' 09" | 9.75 | KOMAR NATALIA #69 | Białystok |
| <u>65</u> | 0:36:15 | 6' 12" | 9.68 | ROJ-ROJEWSKA URSZULA #36 | Białystok |
| <u>66</u> | 0:36:28 | 6' 14" | 9.63 | RUDNICKA JADWIGA #41 | Pędziwiatr Białystok |
| <u>67</u> | 0:36:37 | 6' 15" | 9.59 | ŁOJNIEWSKI KRZYSZTOF #29 | Pagepro |
| <u>68</u> | 0:36:38 | 6' 16" | 9.58 | ZIENIEWICZ ANDRZEJ #63 | Grupa Szalonych Rowerzystów |
| <u>69</u> | 0:36:58 | 6' 19" | 9.50 | KRAWCZUK WOJCIECH #87 | Forest Riders |
| <u>70</u> | 0:37:01 | 6' 20" | 9.48 | ANTONIENKO-PŁOSZCZUK BARBARA #58 | Białostocka Sekta Biegaczy |
| <u>71</u> | 0:37:02 | 6' 20" | 9.48 | PAPIERNIK MACIEK #59 | Winland |
| <u>72</u> | 0:37:03 | 6' 20" | 9.47 | SKARACZYŃSKI SEBASTIAN #61 | Białystok |
| <u>73</u> | 0:37:58 | 6' 30" | 9.24 | MOZYRSKA DOROTA #86 | Białystok |
| <u>74</u> | 0:38:09 | 6' 31" | 9.20 | KIERZKOWSKI ADAM #99 | ISWIM |

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|-----------|---------|--------|------|---------------------------------|------------------|
| <u>75</u> | 0:38:25 | 6' 34" | 9.14 | CIULWIK ANDRZEJ #2 | Białystok |
| <u>76</u> | 0:38:33 | 6' 35" | 9.11 | MACIEJUK JAROSŁAW #90 | Białystok |
| <u>77</u> | 0:38:36 | 6' 36" | 9.09 | CIUŃCZYK KAROL #84 | 3T Białystok |
| <u>78</u> | 0:38:39 | 6' 36" | 9.08 | KOZŁOWSKA-GONCZARUK MARZENA #40 | Osowicze |
| <u>79</u> | 0:38:49 | 6' 38" | 9.04 | CIULWIK LENA #4 | Białystok |
| <u>80</u> | 0:39:38 | 6' 46" | 8.86 | LOMPERTA KAROLINA #43 | Białystok |
| <u>81</u> | 0:39:39 | 6' 47" | 8.85 | BOBEL MACIEJ #44 | Białystok |
| <u>82</u> | 0:40:17 | 6' 53" | 8.71 | MĄDRY BOŻENA #85 | Białystok |
| <u>83</u> | 0:40:32 | 6' 56" | 8.66 | DUDKO ADRIAN #28 | Pagepro |
| <u>84</u> | 0:40:36 | 6' 56" | 8.65 | ŚWICŁOCKA BEATA #27 | MD Run Training |
| <u>85</u> | 0:41:09 | 7' 02" | 8.53 | OLECHNOWICZ MACIEJ #57 | Białystok |
| <u>86</u> | 0:41:15 | 7' 03" | 8.51 | PALIKOT-BOROWSKA BEATA #83 | Białystok |
| <u>87</u> | 0:42:00 | 7' 11" | 8.36 | GAWRYLUK MONIKA #78 | Podlaskie kOCuRy |
| <u>88</u> | 0:42:01 | 7' 11" | 8.35 | CIUNCZYK DOROTA #49 | 3T Białystok |
| <u>89</u> | 0:43:50 | 7' 29" | 8.01 | MALISZEWSKA AGNIESZKA #53 | Outdoor Training |
| <u>90</u> | 0:43:51 | 7' 30" | 8.00 | ZARZECZNY GRZEGORZ #9 | MD Run Training |
| <u>91</u> | 0:54:44 | 9' 22" | 6.41 | CIULWIK EWA #3 | Białystok |
| <u>92</u> | 0:54:47 | 9' 22" | 6.41 | KARWACKA MALWINA #35 | Białystok |
| <u>93</u> | 0:55:29 | 9' 29" | 6.33 | WINIARSKI JACEK #11 | Księżyno |