GP Orunia Górna - Gdańsk Południe

Organizator: Klub Lekkoatletyczny KL Lechia Gdańsk
Termin: 2020-09-06
Miejsce: Gdańsk
Dystans: 5km

Msc	Numer	Nazwisko	Imię	Płeć	Miejsce wg płci	Kategoria	Miejsce wg kategorii	Miejscowość	Klub	Dystans	Czas netto	Prędkość	Czas/km	1 okr	2 okr	META	START
1	548	MRÓWKA	MICHAŁ	M	1	M 31-40	1	GDAŃSK	MAJA TEAM	5km	00:16:38.44	18.04	00:03:19	00:05:39.55	00:11:13.35	00:16:40.54	00:00:02.10
2	513	DUDZIAK	MATEUSZ	M	2	M 0-30	1	TCZEW	REAL-NA GWIAZDECZKA	5km	00:16:40.00	18.00	00:03:20	00:05:39.66	00:11:13.56	00:16:42.30	00:00:02.30
3	569	SYWANYCZ	IRENEUSZ	M	3	M 41-50	1	GDAŃSK		5km	00:17:12.50	17.44	00:03:26	00:05:44.52	00:11:30.41	00:17:14.93	00:00:02.43
4	514	DZIEMIAN	JAKUB	M	4	M 0-30	2	GDAŃSK		5km	00:17:19.15	17.32	00:03:27	00:05:44.75	00:11:35.47	00:17:22.23	00:00:03.08
5	583	ZAKOWICZ	PAWEŁ	M	5	M 31-40	2	HALINÓW	PIECHOTĄ PO SCHODACH - ŁÓDŹ	5km	00:17:20.11	17.31	00:03:28	00:05:44.18	00:11:30.91	00:17:22.24	00:00:02.13
6	534	KULPACZYŃSKI	PATRYK	M	6	M 41-50	2	GDAŃSK	GOGGLE PAE TEAM	5km	00:17:38.46	17.01	00:03:31	00:06:04.09	00:12:04.00	00:17:55.71	00:00:17.25
7	638	BLOCH	SZYMON	M	7	M 31-40	3	CZERSK		5km	00:17:38.91	17.01	00:03:31	00:05:43.45	00:11:39.00	00:17:41.23	00:00:02.32
8	503	BIERNACKI	SEBASTIAN	M	8	M 31-40	4	GDAŃSK		5km	00:17:44.06	16.92	00:03:32	00:05:48.45	00:11:46.06	00:17:46.34	00:00:02.28
9	525	KŁOS	MACIEJ	M	9	M 31-40	5	GDAŃSK	NW WYSPA SOBIESZEWSKA	5km	00:17:53.07	16.78	00:03:34	00:05:58.18	00:12:00.44	00:18:06.66	00:00:13.59
10	568	SYCZEW	RAFAŁ	M	10	M 31-40	6	MRĄGOWO	DĄBROWSKI TEAM / KPP MRĄGOWO	5km	00:18:05.19	16.59	00:03:37	00:06:03.88	00:12:12.37	00:18:12.94	00:00:07.75
11	649	DEKA	PRZEMYSŁAW	M	11	M 0-30	3	GDYNIA	RUNPASSION.PL TEAM	5km	00:18:06.66	16.57	00:03:37	00:05:56.43	00:12:03.72	00:18:08.53	00:00:01.87
12	637	KOWALSKI	WALDEMAR	M	12	M 31-40	7	BORKOWO	LP TEAM	5km	00:18:16.00	16.42	00:03:39	00:06:00.64	00:12:22.66	00:18:18.69	00:00:02.69
13	604	WALDOWSKI	ROMAN	M	13	M 31-40	8	GDAŃSK		5km	00:18:18.34	16.39	00:03:39	00:06:00.92	00:12:13.97	00:18:21.36	00:00:03.02
14	577	TUWALSKA	MAŁGORZATA	K	1	K 41-50	1	GDAŃSK	LKS ZANTYR SZTUM	5km	00:18:23.73	16.32	00:03:40	00:05:58.10	00:12:09.50	00:18:26.08	00:00:02.35
15	582	WRAGA	RAFAŁ	M	14	M 31-40	9	GDAŃSK	FORFIT	5km	00:18:28.23	16.25	00:03:41	00:06:14.58	00:12:26.85	00:18:41.39	00:00:13.16
16	648	HENDRICH	TOMASZ	M	15	M 41-50	3	BANINO		5km	00:18:29.18	16.23	00:03:41	00:06:47.86	00:13:01.79	00:19:07.07	00:00:37.89
17	509	CIEŚLIŃSKI	MICHAŁ	M	16	M 31-40	10	GDAŃSK		5km	00:18:33.25	16.17	00:03:42	00:06:17.68	00:12:36.99	00:18:47.60	00:00:14.35
18	576	TUSZYŃSKI	JAROSŁAW	M	17	M 31-40	11	GDAŃSK		5km	00:18:33.53	16.17	00:03:42	00:06:03.53	00:12:21.32	00:18:41.85	00:00:08.32
19	559	RIABUKHA	OLEKSANDR	M	18	M 31-40	12	KRZEMIEŃĆZUK UKRAINA		5km	00:18:48.55	15.96	00:03:45	00:06:32.55	00:12:54.77	00:19:26.02	00:00:37.47
20	542	LITWIN	PIOTR	M	19	M 41-50	4	GDAŃSK	OCEANIC	5km	00:19:05.56	15.72	00:03:49	00:06:10.71	00:12:44.53	00:19:13.45	00:00:07.89
21	512	DRAWC	MIECZYSŁAW	M	20	M 51+	1	GDAŃSK	M. KRAWCZYŃSKA TEAM	5km	00:19:12.90	15.63	00:03:50	00:06:33.12	00:13:00.68	00:19:26.08	00:00:13.18
22	578	WILOCH	RADOSLAW	M	21	M 31-40	13	GDANSK	KONRAD NOSARZEWSKI - BADANIA DIETA TRENING	5km	00:19:14.39	15.60	00:03:50	00:06:29.55	00:12:58.96	00:19:27.58	00:00:13.19
23	553	PASIERBSKA	EWA	K	2	K 0-30	1	GDAŃSK		5km	00:19:34.43	15.33	00:03:54	00:06:20.85	00:12:54.74	00:19:42.18	00:00:07.75
24	562	RZEPECKI	RADOSŁAW	M	22	M 41-50	5	GDAŃSK	SPORTEVO	5km	00:19:57.72	15.04	00:03:59	00:06:38.35	00:13:24.83	00:20:16.07	00:00:18.35
25	566	SCHUR	KRZYSZTOF	M	23	M 31-40	14	GDANSK	R@NERSI	5km	00:20:10.43	14.88	00:04:02	00:06:53.18	00:13:43.58	00:20:28.22	00:00:17.79
26	515	DZIEWIATOWSKA	JOANNA	K	3	K 41-50	2	TUCHOM	KUJAWSCY RUNNERS	5km	00:20:21.83	14.74	00:04:04	00:06:43.19	00:13:35.82	00:20:25.29	00:00:03.46
27	603	ŻEROMSKI	ALAN	M	24	M 0-30	4	GDAŃSK	POITECHNIKA GDAŃSKA FTIMS	5km	00:20:28.21	14.66	00:04:05	00:07:37.34	00:14:40.78	00:21:29.83	00:01:01.62

GP Orunia Górna - Gdańsk Południe

Msc	Numer	Nazwisko	Imię	Płeć	Miejsce wg płci	Kategoria	Miejsce wg kategorii	Miejscowość	Klub	Dystans	Czas netto	Prędkość	Czas/km	1 okr	2 okr	META	START
28	523	KACZMAREK	KRZYSZTOF	M	25	M 41-50	6	GDAŃSK	O-SOWA BIEGA	5km	00:20:59.62	14.30	00:04:11	00:06:50.87	00:14:07.30	00:21:23.29	00:00:23.67
29	538	KWIATEK	MACIEK	M	26	M 0-30	5	MIŁAKOWO		5km	00:21:07.45	14.21	00:04:13	00:07:48.34	00:15:12.35	00:21:53.99	00:00:46.54
30	532	KOWALIK	HUBERT	M	27	M 41-50	7	GDAŃSK		5km	00:21:23.14	14.03	00:04:16	00:07:06.35	00:14:35.03	00:21:46.92	00:00:23.78
31	563	SAKOWSKI	MICHAŁ	M	28	M 31-40	15	GDAŃSK		5km	00:21:26.56	14.00	00:04:17	00:06:38.35	00:14:02.10	00:21:35.59	00:00:09.03
32	544	ŁATAS	PAWEŁ	M	29	M 0-30	6	GDAŃSK		5km	00:21:28.61	13.98	00:04:17	00:06:42.73	00:14:12.74	00:21:41.59	00:00:12.98
33	601	ANOLIK	MONIKA	K	4	K 41-50	3	GDANSK		5km	00:21:30.62	13.95	00:04:18	00:07:52.51	00:15:08.45	00:22:16.96	00:00:46.34
34	517	GRABIAS	ALEKSANDRA	K	5	K 31-40	1	GDAŃSK		5km	00:21:50.99	13.74	00:04:22	00:07:22.85	00:14:44.46	00:22:08.96	00:00:17.97
35	510	CZYRZNIEWSKI	PAWEŁ CZYRZNIEWSKI	M	30	M 0-30	7	GDAŃSK		5km	00:22:19.98	13.44	00:04:27	00:07:56.85	00:15:34.26	00:23:02.05	00:00:42.07
36	641	BEJM	BARTOSZ	M	31	M 0-30	8	GDAŃSK		5km	00:22:20.28	13.43	00:04:28	00:07:39.58	00:15:18.70	00:22:53.50	00:00:33.22
37	507	CHAMSKI	MICHAŁ	M	32	M 31-40	16	GDAŃSK	GRUPA BIEGOWA 65	5km	00:22:20.93	13.43	00:04:28	00:07:14.34	00:14:53.82	00:22:44.12	00:00:23.19
38	646	TORBICKI	ARKADIUSZ	M	33	M 41-50	8	GDAŃSK		5km	00:22:22.73	13.41	00:04:28	00:07:59.46	00:15:33.70	00:23:14.80	00:00:52.07
39	645	HINC	STANISŁAW	M	34	M 31-40	17	KOWALE	ŻARTA WATAHA	5km	00:22:30.24	13.33	00:04:30	00:07:44.50	00:15:24.79	00:22:58.41	00:00:28.17
40	547	MILEWSKA	WERONIKA	K	6	K 0-30	2	SĄPOLNO		5km	00:22:36.31	13.27	00:04:31	00:07:54.06	00:15:36.27	00:23:23.18	00:00:46.87
41	557	POGORZELSKI	RAFAŁ	M	35	M 41-50	9	GDAŃSK		5km	00:22:37.99	13.26	00:04:31	00:07:22.04	00:15:15.94	00:22:55.81	00:00:17.82
42	639	OLEJARCZYK	PIOTR	M	36	M 51+	2	ELBLĄG		5km	00:22:48.31	13.16	00:04:33	00:07:28.19	00:15:16.57	00:22:56.98	00:00:08.67
43	549	MUSIAŁ	MAGDALENA	K	7	K 31-40	2	TRĄBKI MAŁE		5km	00:22:54.46	13.10	00:04:34	00:07:24.01	00:15:10.79	00:23:23.13	00:00:28.67
44	647	KARPENKO	LILIIA	K	8	K 51+	1	GDAŃSK		5km	00:23:08.67	12.97	00:04:37	00:07:34.83	00:15:26.39	00:23:12.06	00:00:03.39
45	644	GRABOWSKA	MARZENA	K	9	K 51+	2	GDAŃSK	ŻARTA WATAHA	5km	00:23:10.54	12.95	00:04:38	00:07:55.99	00:15:48.45	00:23:39.20	00:00:28.66
46	539	LADZIŃSKI	ZBIGNIEW	M	37	M 41-50	10	GDAŃSK	L - RUN	5km	00:23:10.98	12.95	00:04:38	00:08:18.54	00:16:06.90	00:23:52.89	00:00:41.91
47	502	BEDNARZ	MACIEJ	M	38	M 41-50	11	GDAŃSK	IMPRA 4G	5km	00:23:19.36	12.87	00:04:39	00:07:56.54	00:16:00.37	00:24:01.18	00:00:41.82
48	579	WIŚNIEWSKI	SŁAWOMIR	M	39	M 41-50	12	GDAŃSK	FLUGGER TEAM	5km	00:23:20.53	12.86	00:04:40	00:07:24.55	00:15:35.08	00:23:53.69	00:00:33.16
49	640	LEWANDOWSKA	JUSTYNA	K	10	K 41-50	4	GDAŃSK		5km	00:23:45.18	12.63	00:04:45	00:07:55.80	00:16:00.37	00:24:09.18	00:00:24.00
50	575	TOMASZEWSKA	ANNA	K	11	K 31-40	3	GDAŃSK		5km	00:23:52.35	12.57	00:04:46	00:08:55.44	00:16:54.64	00:24:56.64	00:01:04.29
51	567	STRYJECKA	AGNIESZKA	K	12	K 31-40	4	GDAŃSK	POŁUDNIOWCY	5km	00:24:04.30	12.47	00:04:48	00:08:35.31	00:16:41.62	00:24:59.32	00:00:55.02
52	504	BOBERSKI	ARTUR	M	40	M 41-50	13	GDAŃSK		5km	00:24:10.72	12.41	00:04:50	00:08:58.43	00:17:11.88	00:25:27.21	00:01:16.49
53	602	CYRTA	ROBERT	M	41	M 41-50	14	GDAŃSK		5km	00:24:20.23	12.33	00:04:52	00:09:03.79	00:17:18.97	00:25:21.16	00:01:00.93
54	573	TAMIOŁA	ARKADIUSZ	M	42	M 31-40	18	GDAŃSK		5km	00:24:23.06	12.30	00:04:52	00:08:10.96	00:16:38.63	00:24:53.54	00:00:30.48
55	545	ŁAWRÓW	SYLWIA	K	13	K 0-30	3	GDAŃSK	IHS MARKIT	5km	00:24:29.57	12.25	00:04:53	00:08:59.18	00:17:21.26	00:25:27.86	00:00:58.29
56	543	LUTKA	KRYSTIAN	M	43	M 41-50	15	KOWALE		5km	00:24:39.41	12.17	00:04:55			00:25:40.37	00:01:00.96
57	541	LISTWAN	KRZYSZTOF	M	44	M 41-50	16	GDAŃSK-KOKOSZKI	KOCUR TEAM	5km	00:24:41.05	12.15	00:04:56	00:09:05.77	00:17:31.48	00:25:53.02	00:01:11.97
58	565	SCHARMACH	KATARZYNA	K	14	K 31-40	5	GDAŃSK	BIEGACZE Z POMORZA	5km	00:24:44.50	12.13	00:04:56	00:08:08.62	00:16:37.96	00:25:12.42	00:00:27.92
59	560	RINC	MAŁGORZATA	K	15	K 31-40	6	GDYNIA		5km	00:25:01.41	11.99	00:05:00	00:08:25.35	00:17:07.02	00:25:39.37	00:00:37.96
60	556	PLEWIŃSKI	RAFAŁ	M	45	M 31-40	19	BANINO	CHABROWE WILKI	5km	00:25:04.96	11.97	00:05:00	00:08:46.93	00:17:30.12	00:25:47.37	00:00:42.41
61	527	KOPCZYŃSKA	MONIKA	K	16	K 31-40	7	GDAŃSK		5km	00:25:05.53	11.96	00:05:01	00:07:55.45	00:16:36.88	00:25:29.20	00:00:23.67
62	531	KOTARBA - TYSARCZYK	EWA	K	17	K 31-40	8	LUBLEWO GDAŃSKIE		5km	00:25:09.57	11.93	00:05:01	00:09:05.58	00:17:32.51	00:26:02.67	00:00:53.10

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Msc	Numer	Nazwisko	Imię	Płeć	Miejsce wg płci	Kategoria	Miejsce wg kategorii	Miejscowość	Klub	Dystans	Czas netto	Prędkość	Czas/km	1 okr	2 okr	META	START
63	505	BUDZIAREK	ADAM	M	46	M 41-50	17	GDAŃSK	#BBKTS	5km	00:25:21.76	11.83	00:05:04	00:09:12.59	00:17:46.06	00:26:33.98	00:01:12.22
64	522	IDZIŃSKI	ŁUKASZ	M	47	M 31-40	20	GDAŃSK	POŁUDNIOWCY	5km	00:25:29.37	11.77	00:05:05	00:08:35.30	00:17:06.56	00:26:27.03	00:00:57.66
65	643	ARENDT	AGNIESZKA	K	18	K 41-50	5	GDAŃSK	ŻARTA WATAHA	5km	00:25:29.64	11.77	00:05:05	00:08:38.92	00:17:19.81	00:25:58.34	00:00:28.70
66	511	DARGACZ	NATALIA	K	19	K 31-40	9	GDANSK		5km	00:25:34.34	11.73	00:05:06	00:08:12.68	00:16:44.30	00:26:13.22	00:00:38.88
67	550	NIEWIŃSKA	BEATA	K	20	K 51+	3	GDAŃSK		5km	00:25:44.93	11.66	00:05:08	00:09:06.62	00:17:54.35	00:26:44.45	00:00:59.52
68	642	KALLAS	MAŁGORZATA	K	21	K 41-50	6	GDAŃSK		5km	00:26:13.05	11.44	00:05:14	00:09:56.70	00:18:44.55	00:27:25.75	00:01:12.70
69	530	KOSTRZEWA-CEMBOR	URSZULA	K	22	K 51+	4	GDANSK	UKS ŻABIANKA GDAŃSK	5km	00:26:39.94	11.26	00:05:19	00:09:49.25	00:18:51.61	00:27:39.40	00:00:59.46
70	580	WITKOWSKI	JAROSŁAW	M	48	M 51+	3	GDAŃSK	RMDC	5km	00:26:49.43	11.19	00:05:21	00:09:44.16	00:18:41.02	00:28:06.01	00:01:16.58
71	537	KURAJK	MARIAN	M	49	M 51+	4	GDAŃSK		5km	00:27:02.22	11.10	00:05:24	00:09:17.14	00:18:29.05	00:27:48.76	00:00:46.54
72	526	KOŃCZYŃSKI	PAWEŁ	M	50	M 31-40	21	GDAŃSK		5km	00:27:02.73	11.10	00:05:24	00:09:00.97	00:18:13.72	00:27:40.93	00:00:38.20
73	650	KALLAS	PIOTR	M	51	M 41-50	18			5km	00:27:14.47	11.02	00:05:26	00:09:57.03	00:18:46.67	00:28:27.12	00:01:12.65
74	564	SAKOWSKI	PATRYK	M	52	M 31-40	22	GDAŃSK	TALOSI	5km	00:27:27.41	10.93	00:05:29	00:08:49.92	00:18:09.74	00:28:00.60	00:00:33.19
75	536	KUNCEWICZ	SŁAWOMIR	M	53	M 41-50	19	GDAŃSK		5km	00:27:40.09	10.84	00:05:32	00:10:14.78	00:19:37.20	00:29:00.14	00:01:20.05
76	535	KUNCEWICZ	ANNA	K	23	K 41-50	7	GDAŃSK		5km	00:27:41.27	10.84	00:05:32	00:10:14.76	00:19:36.95	00:28:59.91	00:01:18.64
77	529	KOSIŃSKI	MARCIN	M	54	M 41-50	20	GDAŃSK		5km	00:27:42.73	10.83	00:05:32	00:09:28.65	00:19:05.70	00:28:40.43	00:00:57.70
78	533	KRZAK	JERZY	M	55	M 51+	5	GDAŃSK		5km	00:27:43.84	10.82	00:05:32	00:09:33.54	00:18:56.46	00:28:32.23	00:00:48.39
79	581	WOJCIECHOWSKA	KATARZYNA	K	24	K 31-40	10	GDAŃSK		5km	00:27:50.88	10.78	00:05:34	00:09:31.12	00:18:54.18	00:28:49.01	00:00:58.13
80	518	GUMKOWSK	DAREK	M	56	M 41-50	21	GDANSK		5km	00:27:57.75	10.73	00:05:35	00:10:02.31	00:19:43.66	00:29:13.72	00:01:15.97
81	501	ANOLIK	ROBERT	M	57	M 41-50	22	GDANSK		5km	00:28:03.70	10.70	00:05:36	00:10:07.49	00:19:48.44	00:29:16.28	00:01:12.58
82	558	PYŻ	SŁAWOMIR	M	58	M 31-40	23	GDAŃSK	GAIT	5km	00:29:04.23	10.32	00:05:48	00:09:29.02	00:19:25.71	00:29:27.67	00:00:23.44
83	524	KASPROWIAK- MISIĄG	ANNA	K	25	K 41-50	8	GDAŃSK		5km	00:29:26.06	10.19	00:05:53	00:09:56.10	00:19:40.96	00:30:30.74	00:01:04.68
84	546	ŁOŚ	KAROLINA	K	26	K 0-30	4	GDAŃSK	PANNY Z WILKA	5km	00:29:26.19	10.19	00:05:53	00:09:55.36	00:19:46.43	00:30:30.41	00:01:04.22
85	520	HALUK	PRZEMYSŁAW	M	59	M 41-50	23	GDAŃSK		5km	00:29:36.44	10.14	00:05:55	00:09:56.51	00:20:06.08	00:30:40.64	00:01:04.20
86	506	BULKOWSKA	KATARZYNA	K	27	K 31-40	11	GDAŃSK		5km	00:30:38.21	9.79	00:06:07	00:10:18.45	00:20:48.78	00:31:30.70	00:00:52.49
87	519	GUMKOWSKA	LILIANA	K	28	K 41-50	9	GDANSK		5km	00:35:46.52	8.39	00:07:09	00:12:26.46	00:25:06.81	00:37:03.00	00:01:16.48